

Bike tour in Eastern Switzerland

8 DAYS / 7 NIGHTS, APPROX. 285 KM BOOKING CODE: CH-GR7

DAILY ROUTES



Your Tour

If the first thing you think of when you hear cycling trip through Switzerland is exhaustion and riding up steep hills, then let us change your mind! You will discover the idyllic mountain villages, the lively city of St. Moritz, and the peaceful Engadin on a relaxed cycling trip. Most of the difference in height will be covered by different transfers, one of them being the train ride to St. Moritz on the Albula Railway, which will surely be one of the highlights on your trip. And don't be surprised if you are greeted in three different languages, the people of graubünden speak German, Italian, and Rhaeto-Romanic.

Itinerary

Day 1 Individual arrival in Constance		Individual arrival in Constance
	Day 2	Constance – Bonaduz, approx. 45 km + transfer
	Day 3	Bonaduz – Zernez, approx. 50 km + train ride
	Day 4	Zernez – Scuol, approx. 30 km
	Day 5	Scuol – Vaduz, approx. 60 km + train ride
	Day 6	Vaduz – St. Gallen, approx. 55 km + train ride
	Day 7	St. Gallen – Arbon – Constance, approx. 45 km
	Day 8	Individual departure or extension of stay

Dates

Sundays Arriva			
Season A	11.04.	03.10 10.10.	
Season B	18.0402.05.	12.09. – 26.09.	
Season C	09.05., 16.05.	06.06. – 27.06.	22.08 05.09.
Season D	23.05., 30.05.	04.07 15.08.	

For pricing purposes, the season is dictated by the arrival date.

Services

- → 7 nights with breakfast in the local 3* category
- → Luggage transport from hotel to hotel
- → Transfer Constance Splügen incl. bike
- → Train ride Thusis St. Moritz incl. bike
- → Train ride Scuol Klosters Platz incl. bike
- → Train ride Altstätten Gais incl. bike
- \rightarrow Cycle route description with maps (1 x per room)
- → 7 day Service Hotline

Tourist tax, if due, is not included in the tour price.

Basic price per person

Double room, Season A	999,-
Double room, Season B	1099,-
Double room, Season C	1199,-
Double room, Season D	1299,-
Additional fee single room	255,-

Rental bikes prices per person

27- or 30-gear Rental Bike*	79,-
Mountainbike (30-gear)*	99,-
E-bike*	199,-
* Including rental bike insurance	

Additional night prices per person	
Double room / B&B Constance	65,-
Single room / B&B Constance	95,-

Extra nights are possible in all places, the first cycling day must be a Monday. An additional night does not shift the day of arrival.

Languages Travel documents

→ German, English, Dutch, French

Other additional night prices per person

Double room / bab other places	99,-
Single room / B&B other places	139,-

Exemplary hotel list

Constance: ABC-Hotel	abc-hotel@abc-hotel.de
Bonaduz: Hotel Alte Post	www.altepost.swiss
Zernez: Hotel Crusch Alba	www.cruschalba-zernez.ch
Scuol: Hotel Arnica	www.arnica-scuol.ch
Vaduz: Residence Hotel	www.residence.li
Sankt Gallen: Einstein Hotel	www.einstein.ch

Child reduction on basic price

0 – 5 years	100 %
6 – 11 years	50 %
12 – 17 years	25 %

- → Due to the altitude profile we don't recommend this tour for children.
- → Reductions apply for accommodation in rooms with two full-paying guests.
- → No reductions from the age of 18
- → Multi-bed rooms are often double rooms with a camp bed or sofabed.
- → No five-bed rooms possible

Parking in Constance

- → Fenced parking near the Radweg-Reisen office in Konstanz, cost: 45 Euro / trip, must be stated with booking.
- → Free parking on public roads
- → Parking car parks (Fischmarkt, Dammgasse, Lago, Altstadt, Benediktinerplatz), costs approx. 10 - 20 Euro / day
- → Hotel car parks (available in some hotels, with costs, details in the travel documents)

Arrival in Constance

- → Closest airports: Zurich, Friedrichshafen, Stuttgart
- → Train stati on: Constance

Twin rooms / separate beds

- → Available only sporadically
- \rightarrow We handle requests for twin rooms as non-binding requests
- → In case twin rooms are booking condition it must be clearly communicated as such when booking.

Availability

- → All bookings are on request
- → For this tour we provide an availability link, which is constantly updated.

Travel documents

- → Dispatched to the tour operator up to six weeks before departure
- → For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email
- → 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags

Equipment of our rental bikes

- → Anti-puncture Schwalbe Marathon Plus tires
- → Hub dynamo

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- → Luggage rack
- → Comfortable saddle
- → Waterproof pannier
- → Waterproof handlebar bag with map holder
- → Mileometer
- → Bicycle lock
- → Pump
- → Repair set per booking in the pannier

Further information and photos of the rental bikes are available in the B2B area: https://www.cycling-holiday.com/b2b/info#Bikes

Radübergabe

- → Arrival: The rental bicycles of the guests are ready at our company / bicycle issue in Fritz-Arnold Street.
- → Departure: The guests leave their bikes in the last hotel. Provided an e-bike has been rented, the battery should be handed in at reception.

Luggage transport

- → Daily baggage collection until 9 a.m.
- → Delivery to the next hotel by 6 p.m. at the latest
- → Luggage items are labeled once for the entire tour
- → No restriction on the number of pieces of luggage, but a maximum of 20 kg per piece of luggage

Stage Description

Day 1: Individual arrival in Constance

You will spend the day of your arrival in Constance. Here you can visit the beautiful island of Mainau, stroll through the historic city centre, and visit the Sea Life Centre aquarium or the Archäologisches Landesmusuem (archaeological museum).

Day 2: Constance – Bonaduz, approx. 45 km + transfer

Your day begins in Constance with a comfortable bus ride through the beautiful swiss mountains. In Splügen your bike trip begins and will lead you along the Hinterrhein through two impressive gorges, which the river has carved up to 300 m deep into the mountains. You will then comfortably reach the small village of Bonaduz, which is the destination of your trip today.

Day 3: Bonaduz – Zernez, approx. 50 km + train ride

Today a long climb awaits you, but don't worry, you will comfortably be sitting inside a train on your way from Thusis to St. Moritz, so that you can admire the beautiful view you will have along the Albula Railway. After arriving, you can enjoy the unique flair of St. Moritz. Get ready for another highlight after leaving the city, your bike trip will lead you through the gorgeous landscape and lovely small villages surrounding St. Moritz. While riding through the Engadin you will pass by old farms and grand patrician houses.

Day 4: Zernez – Scuol, approx. 30 km

As you leave Zernez you will cycle along the Inn, and through the small mountain villages Lavin and Guarda. The villages lie high above the river and carry their names because of the nice view you have from there. While cycling through the small alleyways of reply to the locals greeting you with a friendly "Bun Di". Soon you will reach Scuol, your destination for today's trip.

Day 5: Scuol – Vaduz, approx. 60 km + train ride

Today it's time to leave the Inn and cycle along the Rhine again. After taking the train to Klosters you will comfortably cycle down the hill towards Landquart. Here the cycling path starts following the Rhine again and you will arrive in the small Principality of Liechtenstein having passed through the home of Heidi.

Day 6: Vaduz – St. Gallen, approx. 55 km + train ride

After cycling along the Rhine a little more you'll be brought to Gais, which lies in Appenzell, via cog railway. On your way to St. Gallen you'll be accompanied by beautiful alpine pastures with cows on them. The library of the collegiate church is one of the most important historical libraries in the world. Here, among the 160.000 books in the library, the oldest german book is kept.

Day 7: St. Gallen – Arbon – Constance, approx. 45 km

Your last day of the cycling tour starts out comfortably by rolling down the hill towards Lake Constance. Once you have reached Arbon the cycle path will take you along the shore of the lake and through some smaller towns like Romanshorn towards Constance. This last part of your path is rather level and unless there are strong west winds it should be a very relaxed last part of your trip. On your way to Constance you will find more than one opportunity to go for a swim in the lake and maybe have an ice cream at the beach.

Day 8: Individual departure or extension of stay

After breakfast, you start your individual return journey home or extend your stay.