

**BESTSELLER**

Bike tour on Rügen and Usedom

8 DAYS / 7 NIGHTS, APPROX. 185 – 195 KM
BOOKING CODE: OS-ZWI7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Your tour

Discover two islands in one fell swoop: In seven stages you will explore the island of Rügen with its famous chalk cliffs and pass by and drive past Usedom's imperial seaside resorts. Experience wide sandy beaches and enchanting landscapes. And always keep your eyes open: Many amber jewels have been found on Rügen and Usedom found!

Itinerary

Day 1	Individual arrival in Stralsund
Day 2	Stralsund – Göhren, approx. 45 km + train ride
Day 3	Day on the beach or hiking on the Mönchgut peninsula
Day 4	Göhren – Greifswald, approx. 50 km + train ride and ferry trip
Day 5	Greifswald – Wolgast / Karlshagen, approx. 45 – 60 km
Day 6	Wolgast – Heringsdorf / Mellenthin, approx. 40 / 50 km
Day 7	Excursion to Lieper Winkel, approx. 35 / 65 km
Day 8	Individual departure

Travel time

Season A	25.04. – 12.05.	20.09. – 27.09.	
Season B	17.05. – 20.05.	06.09. – 19.09.	
Season C	13.05. – 16.05.	26.05. – 03.07.	16.08. – 05.09.
Season D	21.05. – 25.05.	04.07. – 15.08.	

Daily arrival 25.04. – 27.09.2026
The season is dictated by the arrival date.

Basic price per person

Doubleroom, Season A	949,-
Doubleroom, Season B	1099,-
Doubleroom, Season C	1279,-
Doubleroom, Season D	1349,-
Additional fee single room	299,-

Services

- 7 nights with breakfast, national 3*-level
- Train ride „Rasender Roland“ Göhren – Putbus incl. bike
- Train ride Stralsund – Bergen incl. bike
- Luggage transport from hotel to hotel to Heringsdorf / Mellenthin, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Ferry trip Greifswald – Stahlsbrode, approx. EUR 2.50 / person incl. bike
- Citys or visitors tax, if payable
- Boat trip Freest – Peenemünde incl. bike, approximately. 10 Euro per person

Additional night prices per person

Stralsund DBL / BB	89,-
Stralsund SGL / BB	129,-

Additional services per person

E-bike / Pedelec*	289,-
Teenager's bike*	49,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	179,-
Return transfer excl. bike (Sun)	99,-
Return transfer incl. bike (Sun)	145,-

*including rental bike insurance

Exemplary hotel list

Stralsund	Maakt Stralsund	https://www.maakt.de/de
Göhren	Stranddistel	https://goehren-hotel.de/
Göhren	Stranddistel	https://goehren-hotel.de/
Greifswald	Kronprinz	https://www.hotelkronprinz.de/de/
Wolgast / Karlshagen	Speicher Wolgast	https://www.speicher-wolgast.de
Mellenthin / Heringsdorf	Wasserschloss Mellenthin	https://www.wasserschloss-mellenthin.de
Mellenthin / Heringsdorf	Wasserschloss Mellenthin	https://www.wasserschloss-mellenthin.de

Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

Additional night prices per person

Göhren DBL / BB	89,-
Göhren SGL / BB	129,-
Greifswald DBL / BB	89,-
Greifswald SGL / BB	129,-
Heringsdorf / Mellenthin DBL / BB	115,-
Heringsdorf / Mellenthin SGL / BB	159,-
Wolgast DBL / BB	79,-
Wolgast SGL / BB	119,-

Languages Travel documents

→ German, English, Dutch, French

Additional note

- All bookings are on request.
- Return journey to Stralsund
- Optionally by chartered minibus (only on Sundays): Duration approx. 2,5 hours, must be booked in advance.
- Alternatively self-organised by train, hourly connections, duration approx. 2,5 hours, 1 train change.
- Not bookable during Hanse Sail (07.08. – 10.08.2025)
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: www.cycling-holiday.com/rental-bikes

Journey to Stralsund

- Closest airports: Hamburg, Berlin, Rostock-Laage, Heringsdorf
- Train station: Stralsund

Parking in Stralsund

- Public car park at the Meeresmuseum (280 spaces), costs approx. 28 EUR for 2 days and 8 EUR for each additional day.
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents).

Bike handover

- Arrival: Guests' rental bikes will be available at the arrival hotel.
- Departure: The guests leave the bikes at the last hotel. If an e-bike has been rented, the battery, charger and key must be returned to the reception.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

Stages description

Day 1: Individual arrival in Stralsund

The starting point of your cycle tour is the old Hanseatic town Stralsund, whose old town was declared a UNESCO World Heritage site because it has been so beautifully preserved. Its former importance as a trading town can still be seen today. Let your evening come to a pleasant end in the old town and wander across the harbour island, where the old sailing-school ship, the Gorch Fock can be visited.

Day 2: Stralsund – Göhren, approx. 45 km + train ride

The island of Rügen, the largest in Germany, is quickly reached by train from Stralsund. On the outskirts of the city, on the 91-meter high Rugard the Ernst-Moritz-Arndt-Tower, from which you have a beautiful view of the entire island of Rügen. Look forward to Rügen's largest seaside resort in Binz and to Rügen's longest pier in Sellin, which extends almost 400 metres into the sea. Today's destination, Göhren, awaits with long beaches of the finest sand imaginable.

Day 3: Day on the beach or hiking on the Mönchgut peninsula

Mönchgut peninsula is surrounded by the Baltic Sea on three sides and is one of Rügen's wonderful secrets. The diverse countryside has a lot to offer. You can decide spontaneously what you feel like doing: a relaxed day swimming at the beach or a short walk through the dunes, over the heaths into the woods. No matter how you decide, you're sure to like it!

Day 4: Göhren – Greifswald, approx. 50 km + train ride and ferry trip

Today, you continue in a relaxed manner: in Göhren you take the steam train, Racing Roland, to Putbus. Here you get on your bike and follow pleasantly level ground to Glewitz, where you take a small car ferry (not included in price) back to the mainland. You cycle the last few kilometres to the old Hanseatic town of Greifswald.

Day 5: Greifswald – Wolgast / Karlshagen, approx. 45 – 60 km

Today, you will continue cycling along the Baltic Sea coast. It is worth making your first stop in Lubmin, where you can lose track of time on the beautiful beach and in the large, shady pine forest, as it is not far to your destination for today. If you are staying overnight in Karlshagen, you can take the ferry from Freest to Peenemünde (not inclusive.) and shorten the stage a little (-15 km).

Day 6: Wolgast – Heringsdorf / Mellenthin, approx. 40 / 50 km

Via Peene bridge you reach the sunny island of Usedom and cycle along Krummin Wiek to Krummin and from there to the Baltic resort of Zinnowitz. From here, you follow the wooded coastline with lots of opportunities to stop and rest on a sandy beach or go for a dip in the sea. You have reached your destination when you get to the magnificent Imperial seaside resorts. Alternatively you can stay overnight in Mellenthin.

Day 7: Excursion to Lieper Winkel, approx. 35 / 65 km

A magnificent avenue of chestnut trees leads you from Mellenthin along challenging cycle paths to the Lieper Winkel peninsula. It is located between the Achterwasser and Peenestrom rivers. The most famous village on the peninsula is Rankwitz. Thatched half-timbered houses and fishermen's cottages give the village that certain something. In the tranquillity of the seemingly endless forests and fields of the peninsula, you cycle past the 700-year-old Suckow oak tree. It is over 20 metres tall, its crown is 30 metres wide and its trunk is 6.50 metres long.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.