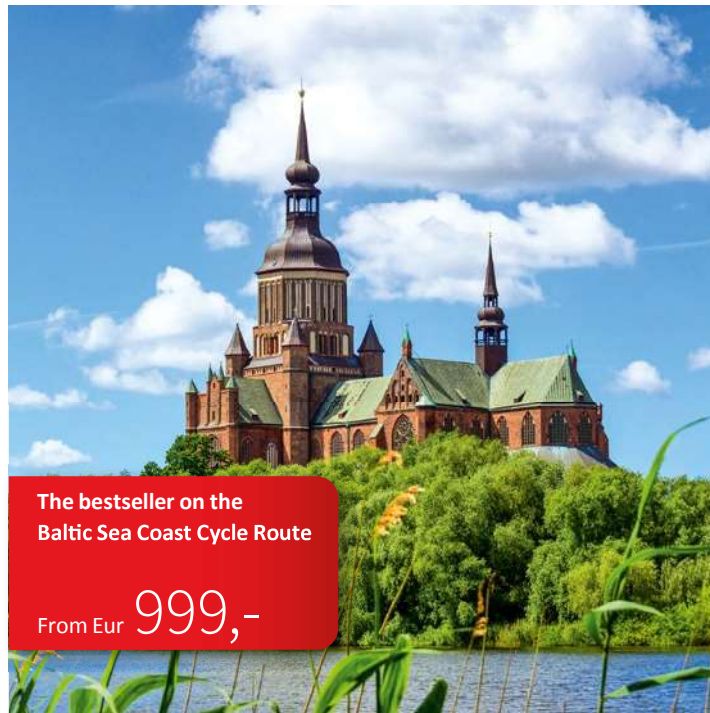


**BESTSELLER**

# The Baltic Sea: Lübeck – Stralsund

8 DAYS / 7 NIGHTS, APPROX. 275 KM  
BOOKING CODE: OS-LS7

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



## Your tour

This varied tour along the Baltic Sea takes you past the fine sandy beaches and through the unspoilt coastal landscape of Mecklenburg-Vorpommern. Pack your bathing gear, you can jump into the Baltic Sea at any time! But that's not all: important, once rich Hanseatic cities with typical brick architecture, fishing villages, a "Bodden" lagoon landscape and boat trips make this cycle tour to one of our guests' favourites.

## Itinerary

<b>Day 1</b>	Individual arrival in Lübeck
<b>Day 2</b>	Lübeck – Gross Schwansee / Boltenhagen, approx. 35 / 50 km + ferry trip
<b>Day 3</b>	Boltenhagen – Wismar, approx. 45 / 30 km
<b>Day 4</b>	Wismar – Kühlungsborn / Warnemünde, approx. 45 / 65 km + ferry & train ride
<b>Day 5</b>	Kühlungsborn – Wustrow / Ahrenshoop, approx. 30 – 60 km + ferry ride
<b>Day 6</b>	Ahrenshoop – Zingst / Barth, approx. 30 – 60 km
<b>Day 7</b>	Zingst – Stralsund, approx. 55 / 45 km
<b>Day 8</b>	Individual departure

## Travel time

Season A	25.04. – 12.05.	20.09. – 27.09.	
Season B	17.05. – 20.05.	06.09. – 19.09.	
Season C	13.05. – 16.05.	26.05. – 03.07.	16.08. – 05.09.
Season D	21.05. – 25.05.	04.07. – 15.08.	

Daily arrival 25.04. – 27.09.2026  
The season is dictated by the arrival date.

## Services

- 7 nights with breakfast, national 3\* / 4\*-level
- Train ride with „Molli“ Kühlungsborn – Heiligendamm incl. bike
- Ferry ride Wismar – Island Poel incl. bike
- Luggage transport from hotel to hotel to Stralsund, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Ferry ride Travemünde – Priwall, approx. 2.50 Euro / person
- Ferry ride Warnemünde – Hohe Düne, approx. 3 Euro per person
- Citys or visitors tax, if payable

## Basic price per person

Doubleroom, Season A	999,-
Doubleroom, Season B	1179,-
Doubleroom, Season C	1379,-
Doubleroom, Season D	1479,-
Additional fee single room	299,-

## Additional night prices per person

Lübeck DBL / BB	95,-
Lübeck SGL / BB	135,-

## Additional services per person

E-bike / Pedelec*	289,-
Teenager's bike*	49,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	179,-
Return transfer excl. bike (Sat, Sun)	99,-
Return transfer incl. bike (Sat, Sun)	145,-

\*including rental bike insurance

### Exemplary hotel list

Lübeck	Park Inn by Radisson Lübeck	<a href="https://www.radissonhotels.com/en-us/hotels/park-inn-luebeck?cid=a%3Ase+b%3Agmb+c%3Ae-mea+i%3Alocal+e%3Apii+d%3Acese+h%3ADELBC1">https://www.radissonhotels.com/en-us/hotels/park-inn-luebeck?cid=a%3Ase+b%3Agmb+c%3Ae-mea+i%3Alocal+e%3Apii+d%3Acese+h%3ADELBC1</a>
Boltenhagen / Hohen Schönberg	Gutshaus Redewisch Boltenhagen	<a href="http://www.gutshaus-redewisch.de/">http://www.gutshaus-redewisch.de/</a>
Wismar	Townhouse Hotel Stadt Hamburg, Wismar	<a href="https://www.vagabondclub.com/wismar/">https://www.vagabondclub.com/wismar/</a>
Kühlungsborn / Warnemünde	Parkhotel IV Jahreszeiten Kühlungsborn	<a href="https://www.hotel-edison.de/">https://www.hotel-edison.de/</a>
Wustrow / Ahrenshoop	Dorint Strandresort	<a href="https://www.dorint-wustrow.de/">https://www.dorint-wustrow.de/</a>
Barth / Zingst	Vier Jahreszeiten Zingst	<a href="https://www.4jahreszeiten-zingst.de">https://www.4jahreszeiten-zingst.de</a>
Stralsund	Hafenresidenz	<a href="https://www.hotel-hafenresidenz.de">https://www.hotel-hafenresidenz.de</a>

### Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

### Additional night prices per person

Barth / Zingst DBL / BB	85,-
Barth / Zingst SGL / BB	135,-
Boltenhagen DBL / BB	105,-
Boltenhagen SGL / BB	149,-
Kühlungsborn / Warnemünde DBL / BB	89,-
Kühlungsborn / Warnemünde SGL / BB	135,-
Stralsund DBL / BB	95,-
Stralsund SGL / BB	145,-
Wismar DBL / BB	95,-
Wismar SGL / BB	139,-
Wustrow / Ahrenshoop DBL / BB	145,-
Wustrow / Ahrenshoop SGL / BB	195,-

### Languages Travel documents

→ German, English, Dutch, French

### Additional note

- All bookings are on request.
- Returning to Lübeck: Optional: transfer by minibus (only on Saturdays and Sundays), departure: 9 a.m., duration approx. 2,5 hours. Please include this option in your booking.
- Alternative: Travel by train on your own initiative. Trains run once or twice in two hours, 1 – 2 train changes, duration approx. 3 hours.
- Not bookable during Hanse Sail (07.08. – 10.08.2025)
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

### Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: [www.cycling-holiday.com/rental-bikes](http://www.cycling-holiday.com/rental-bikes)

### Journey to Lübeck

- Closest airports: Hamburg
- Train station: Lübeck Hauptbahnhof (main station)

### Parking in Lübeck

- Public car parks, cost approx. 10 EUR / day
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents).

### **Bike handover**

- Arrival: Guests' rental bikes will be available at the arrival hotel.  
Departure: The guests leave the bikes at the last hotel. If an e-bike has been rented, the battery, charger and key must be returned to the reception.

### **Luggage transport**

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

### **Travel documents**

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags  
→ Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

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## **Stages description**

### **Day 1: Individual arrival in Lübeck**

Your bike tour starts in the old, magnificent Hanseatic city, which was named a UNESCO World Heritage Site in 1987. If you talk about Holstentor, marzipan and Thomas Mann, Lübeck immediately comes to mind. You should not miss a fish roll as a prelude to your vacation.

### **Day 2: Lübeck – Gross Schwansee / Boltenhagen, approx. 35 / 50 km + ferry trip**

In Travemünde you can take a break to see Germany's oldest light-house, before continuing along the coast. Cycling through the Brooker Wald nature reserve, you soon reach Boltenhagen, the second oldest seaside resort in Mecklenburg. You can look over the entire bay from the cliffs. Alternatively you spend the night in Gross Schwansee.

### **Day 3: Boltenhagen – Wismar, approx. 45 / 30 km**

Today we will travel mostly along the shore to the beautiful Hanseatic city of Wismar. Here, after an extensive tour through the historic old town, a detour to the harbor is worthwhile.

### **Day 4: Wismar – Kühlungsborn / Warnemünde, approx. 45 / 65 km + ferry & train ride**

Today you have the opportunity to pay a visit to the island of Poel. Take the ferry to the small island, enjoy the peace and quiet and have fun swimming on one of the many island beaches. Alternatively, cycle close to the coast to the Baltic seaside resort of Kühlungsborn. If you are staying overnight in Warnemünde, take the steam-powered Molli spa railway from Kühlungsborn, which will take you comfortably to Heiligendamm. It is only a few kilometres to Warnemünde.

### **Day 5: Kühlungsborn – Wustrow / Ahrenshoop, approx. 30 – 60 km + ferry ride**

Before you get to know the Fischland-Darß-Zingst peninsula today, Warnemünde offers a visit to the widest beach on the German Baltic coast. Or how about a detour to the Hanseatic city of Rostock? In Warnemünde you will take the ferry to Hohe Düne and reach Ribnitz-Damgarten with its amber museum or the former fishing village Wustrow or the artist village Ahrenshoop.

### **Day 6: Ahrenshoop – Zingst / Barth, approx. 30 – 60 km**

Discover the "Darßer Wald" (Darss woods) and the romantic of the wild west beach, which is considered to be one of the most beautiful beaches in Europe. From Prerow it can only be reached by foot, by bike or by horse-drawn carriage. Via Zingst, you cycle back to the mainland, to the former Swedish town of Barth.

### **Day 7: Zingst – Stralsund, approx. 55 / 45 km**

Look forward to the last section of your tour: the three towers of the Hanseatic town of Stralsund beckon from afar. Its former importance as a trading town can still be seen today. Let your evening come to a pleasant end in the old town, which has been declared a UNESCO World Heritage site because it has been so beautifully preserved.

### **Day 8: Individual departure**

After breakfast you start your individual return journey home or extend your stay.