

Cycling Tour on the East Frisian Islands

8 DAYS / 7 NIGHTS, APPROX. 155 KM
BOOKING CODE: NW-NOEE7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Your tour

Das Wechselspiel der Gezeiten, bunte Leuchttürme, alte Häuptlingsstädte, die traditionelle Teetied, auf Deichen grasende Schafe und immer eine frische Brise Nordseewind um die Nase – das ist Ostfriesland. Bei Ausflügen auf die Inseln Borkum, Norderney und Langeoog lernen Sie die charmante Welt des Wattenmeeres hautnah kennen. Entspannen Sie an den feinen Sandstränden, unternehmen eine Wattwanderung und beobachten Robben, die sich auf Sandbänken tummeln.

Itinerary

Day 1	Individual arrival in Emden
Day 2	Excursion to Borkum Island
Day 3	Emden – Norden region, approx. 55 km
Day 4	Trip to the island of Norderney
Day 5	Norden – Langeoog Island, approx. 35 km + ferry ride
Day 6	Island Day on Langeoog
Day 7	Langeoog Island – Aurich – Emden, approx. 65 km + ferry ride
Day 8	Individual departure

Travel time

Season A	20.04. – 25.04.	03.10. – 07.10.
Season B	26.04. – 08.05.	26.09. – 02.10.
Season C	09.05. – 25.09.	

Arrival Monday, Thursday and Saturday 20.04. – 07.10.2024
The season is dictated by the arrival date.

Services

- 7 nights with breakfast, national 3* / 4*-level
- Ferry ride Bunsersiel – Langeoog and back incl. bike
- Ferry ride Emden – Borkum and back incl. bike
- Ferry ride Norddeich – Norderney and back incl. bike
- Luggage transport from hotel to hotel, max. 1 piece per person, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	1029,-
Doubleroom, Season B	1099,-
Doubleroom, Season C	1139,-
Price Surcharge Singleroom	279,-

Additional night prices per person

Emden DBL / BB	79,-
Emden SGL / BB	119,-

Additional services per person

E-bike / Pedelec*	259,-
Rental bike (7- / 21-gear)*	99,-
Sporty rental bike (30-gear)*	169,-

*including rental bike insurance

Exemplary hotel list

Emden	Upstalsboom Parkhotel Emden	www.upstalsboom.de
Emden	Upstalsboom Parkhotel Emden	www.upstalsboom.de
Norden	Stadthotel Smutje, Norden	www.stadthotelsmutje.de
Norden	Stadthotel Smutje, Norden	www.stadthotelsmutje.de
Insel Langeoog	Inselhotel Langeoog	www.inselhotel-langeoog.de
Insel Langeoog	Inselhotel Langeoog	www.inselhotel-langeoog.de
Emden	Upstalsboom Parkhotel Emden	www.upstalsboom.de

Child reduction on basic price

0 - 5 Years	100%
6 - 11 Years	50%
12 - 14 Years	25%
15 - 17 Years	10%

Reduction for children is valid for accommodation in room with two full-paying guests.

Languages Travel documents

→ German, English

Additional note

- All bookings are on request.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Bike lock
- Odometer
- Handlebar bag
- Air pump
- Breakdown kit (1 x per booking)
- Waterproof pannier

Journey to Emden

- Nearest airports: Emden, Borkum, Frankfurt
- Train station: Emden

Parking in Emden

- Public parking garage at the water tower in Emden. Cost: approx. 35 € per week. Free parking in side streets near the hotel. No reservation by Radweg-Reisen possible.

Stages description

Day 1: Individual arrival in Emden

The town had a bad reputation as pirate stronghold in the middle ages until the pirates were smoked-out by the inhabitants of Hamburg. The industrialisation of the Ruhr Region, for which Emden was and is an important harbour, caused the town to flourish economically. Today the region has first class cultural facilities to offer, such as the art gallery which was donated by Henri Nannen.

Day 2: Excursion to Borkum Island

A boat will take you to the largest of the East Friesian islands. The inhabitants used to make a living from stranded goods and occasional piracy, but from the 17th century on whaling supplied a certain wealth. Nearly 30 kilometres of best sandy beaches ensure bathing fun and cyclists can explore 130 kilometres of cycle paths, a tour of which can be completed by a trip on the narrow gauge railway.

Day 3: Emden – Norden region, approx. 55 km

This tour will take you through the Krummhörn. Typical for this region are the Warfen villages, the many windmills and the lighthouses. Greetsiel remains an important crab-fishing port up until today. You

should definitely try prawn peeling yourself. You will then cycle further along the Ley Bay, where, with a bit of luck, you will be able to see seals and then reach the wadden sea.

Day 4: Trip to the island of Norderney

The ferry will take you from Norddeich to Norderney, the youngest island, on which the first sea swimming pool was opened in 1797. The bicycle is the perfect vehicle to explore the beauty of this island before returning to Norden. Alternatively you cycle along the coast and the national park Wattenmeer oder visit the seal-station in Norddeich.

Day 5: Norden – Langeoog Island, approx. 35 km + Ferry ride

You cycle leisurely along the North Sea coast to Bengersiel. Before you take the ferry to the island of Langeoog, make a detour to Dornum. The moated castle there and the Beningaburg are testimonies to the former chieftains who settled there and ruled over the region. On Langeoog, it's all about switching off and enjoying. The car-free island has a 14-kilometre-long white, fine-sand beach. The islands landmark

is the water tower, built in 1909. The towers viewing platform can be climbed and offers a magnificent view over the island and the North Sea.

Day 6: Island Day on Langeoog

You will spend today's day of your bike tour on the East Frisian Islands on Langeoog. Grab your bike and explore the island. Whether you decide to take a short tour around the village of Langeoog or cycle to the eastern tip of the island, enjoy the fresh sea air and the scent of the hedge roses and sea buckthorn bushes lining the cycle path. There is a seal-watching platform at the eastern tip of the island. With a bit of luck, you can watch seals and grey seals lying on the beach or making themselves comfortable on the nearby sandbanks.

Day 7: Langeoog Island – Aurich – Emden, approx. 65 km + ferry ride

You return to the mainland by ferry in Bensersiel. On the way, a longer stopover in Aurich is worthwhile. The former capital of East Frisia looks back on a history that can be traced back to the 13th century. You can gain an insight into the town's history and East Frisian culture at the Historical Museum. The museum was built from the stones of the demolished monastery in nearby Ihlow. Today, the former monastery rises as a partial construction made of steel and wood. It takes its visitors back to a time when the place of worship was one of the largest in northern Germany. At the end of your bike tour on the East Frisian Islands, take a canal trip in Emden, which will show you the city from the water side.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.