

# The Sardinia West Coast Cycle Tour

8 DAYS / 7 NIGHTS, APPROX. 275 / 315 KM  
BOOKING CODE: IT-SAAC7

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



From Alghero south to Cabras

From Eur **799,-**



## Your tour

The second largest island in the Mediterranean is perfect for a cycling holiday! Dreamlike coasts, fine sandy beaches and the turquoise sea are your constant companions on this trip. Let yourself be enchanted by the Spanish flair of the medieval coastal town of Alghero and enjoy a Malvasia, one of Sardinia's most famous wines, in Bosa. Discover the springs of San Leonardo in Santu Lussurgiu and observe flamingo colonies living there on the Sinis peninsula.

## Itinerary

<b>Day 1</b>	Individual arrival in Alghero
<b>Day 2</b>	Round trip to Capo Caccia, approx. 55 km
<b>Day 3</b>	Alghero – Bosa, approx. 45 km
<b>Day 4</b>	Round trip from Bosa, approx. 25 / 65 km
<b>Day 5</b>	Bosa – Santu Lussurgiu, approx. 55 km
<b>Day 6</b>	Round trip to Santa Cristina, approx. 40 km
<b>Day 7</b>	Santu Lussurgiu – Cabras, approx. 55 km
<b>Day 8</b>	Individual departure

## Travel time

<b>Season A</b>	Saturdays	20.01. – 29.06.	07.09. – 07.12.
<b>Season B</b>	Sundays to Fridays	21.01. – 05.07.	08.09. – 13.12.
<b>Season C</b>	Saturdays	06.07. – 31.08.	
<b>Season D</b>	Sundays to Fridays	07.07. – 06.09.	

Daily arrival 20.01. – 13.12.2024  
The season is dictated by the arrival date.

## Services

- 7 nights with breakfast, national 3\*-level
- Digital travel documents and route navigation via app
- Luggage transport from hotel to hotel to Cabras
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Citys or visitors tax, if payable

## Basic price per person

Doubleroom, Season A	799,-
Doubleroom, Season B	879,-
Doubleroom, Season C	1009,-
Doubleroom, Season D	1089,-
Price Surcharge Singleroom	199,-

## Additional services per person

Rental bike (27-gear)	149,-
Return transfer excl. bike (from 2 persons)	110,-
Return transfer incl. bike (from 2 persons)	120,-

## Notes

- Minimum number of participants: 2 persons

## Exemplary hotel list Standard

Alghero	Villa Piras Alghero	www.hotelvillapiras.com
Alghero	Villa Piras Alghero	www.hotelvillapiras.com
Bosa	Hotel Sa Pischedda	www.hotelsapischedda.com
	Hotel Corte Fiorita	www.hotel-bosa.it
Bosa	Hotel Sa Pischedda	www.hotelsapischedda.com
	Hotel Corte Fiorita	www.hotel-bosa.it
Santu Lussurgiu	Antica Dimora del Gruccione	www.anticadimora.com
Santu Lussurgiu	Antica Dimora del Gruccione	www.anticadimora.com
Cabras	Hotel Villa Canu	www.hotelvillacanu.com
	Albergo Diffuso Aquae Sinis	www.aquaesinis.it

## Child reduction on basic price

No child discount is offered on this trip.

## Languages Travel documents

→ English

## Additional note

- All bookings are on request.
- Return journey to Alghero: Optional by minibus (min. 2 people), offered daily, reservation required in advance, payable on site. For transfers to and from Alghero, Olbia or Cagliari airport, please contact us.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

## Equipment of our rental bikes

- Bike lock
- Odometer
- Breakdown kit (1 x per booking)
- Waterproof pannier

## Journey to Alghero

- Nearest airport: Alghero

## Stages description

### Day 1: Individual arrival in Alghero

Ciao Sardegna! You start your Sardinia cycle tour in the lively town of Alghero. The former Catalan enclave is one of the most beautiful towns on the island. The Catalan influences are clearly visible on a stroll through the old town. Need a quick dip? No problem - you can plunge into the waters of the Mediterranean on the beautiful sandy beach. Stroll along the old fortress walls in the evening and enjoy the magnificent sunset while gazing out to sea!

### Day 2: Round trip to Capo Caccia, approx. 55 km

Today you get on your bike for the first time. You will soon come across the Palmavera nuragic complex, one of the most important sites on the island. After an exploration tour of the well-preserved prehistoric stone buildings, you cycle on to Capo Caccia. The spectacular headland with its steep rocky cliffs will inspire you. With a bit of luck, you may even spot monk seals or dolphins, which feel at home in the marine reserve around Capo Caccia. Cycle back to Alghero through the hinterland, past vineyards and olive groves where the island's world-famous wines and olive oils are produced.

### Day 3: Alghero – Bosa, approx. 45 km

You leave Alghero with a heavy heart. Today's spectacular stage takes you along a picturesque coastal road. The hilly route along cliffs that drop steeply into the water is a little more challenging, but the view of the sea will make up for it. Your destination is the small town of Bosa, nestled in the surrounding mountains. Take a stroll through the historic

old town and explore the small alleyways lined with old palazzi, some with magnificent façades. In the evening, stroll along the promenade planted with palm trees along the River Temo, which flows into the sea a few kilometers further on.

### Day 4: Round trip from Bosa, approx. 25 / 65 km

You are spoiled for choice, because today you have to decide between two routes. The shorter tour is perfect for wine lovers and connoisseurs, as it takes you through lush vineyards along the Malvasia di Bosa wine route. Be sure to try a glass of the delicious Malvasia white wine. The longer round trip takes you into the hinterland through cork oak forests to the small village of Montresta. In Villanova Monteleone, another Nuragic complex towers above you. Cycle back to Bosa along the spectacular rocky outcrops and bays of Capo Marrargiu. Keep your eyes open today: With a bit of luck, you may spot a rare griffon vulture, as the birds of prey have their nesting grounds here.

### Day 5: Bosa – Santu Lussurgiu, approx. 55 km

Your Sardinia cycle tour today takes you past numerous vineyards and olive groves. You will soon reach the two idyllic villages of Flussio and Tinnura. Both villages are known for their handmade baskets and facade paintings. Via Sagama, you cycle through Mediterranean scrubland and pastures. Shortly before your stage destination of Santu Lussurgiu, you will come to the village of San Leonardo di Siete Fuentes.

Here you will not only find the 12th century church of the same name. On a short walk through beautiful forests, some with ancient holm and cork oaks, you will also come across water sources.

**Day 6: Round trip to Santa Cristina, approx. 40 km**

From the medieval village of Santu Lussurgiu, which lies on the south-eastern slope of the Montiferru volcanic massif, you start a circular tour to Santa Cristina today. Here you will not only come across a Nuragic settlement, but also the best-preserved Nuragic well temple on the island. Travel back in time at this picturesque location. On the way back, you should make a detour to the Sos Molinos waterfall. This is one of the most beautiful waterfalls on the island and plunges a total of 30 meters over five steps into a small pool.

**Day 7: Santu Lussurgiu – Cabras, approx. 55 km**

The last stage of your Sardinia cycle tour takes you mostly downhill back to the coast to the Sinis peninsula. You can observe flamingos in the Stagno di Cabras inland lake. You cycle past beautiful white beaches where you absolutely must take a break for a swim. Visit the church of Giovanni di Sinis, one of the oldest on the island. You should also visit the ancient city of Tharros, of which only the remains remain. Your destination for today is Cabras.

**Day 8: Individual departure**

After breakfast you start your individual return journey home or extend your stay.