Cycle tour from Merano to Lake Garda

7 DAYS / 6 NIGHTS, APPROX. 235 KM BOOKING CODE: IT-ETMR6 DAILY ROUTE LENGTH







Your tour

Discover the breathtaking landscape of South Tyrol: glittering ice worlds, breathtaking mountain massifs, rich orchards and vineyards make the journey an unforgettable experience. Accompany the Adige down the valley to Bolzano, past the Catinaccio – for some a beautiful mountain backdrop, for others the realm of the dwarf king Laurin. You cycle to the most beautiful lake in Italy, Lake Garda

Itinerary

Day 1	Individual arrival in Merano
Day 2	Excursion to the Vinschgau Valley, up to approx. 70 km + train ride
Day 3	Merano – Bolzano, approx. 45 km
Day 4	Bolzano – Auer, approx. 25 km
Day 5	Auer – Trento, approx. 45 km
Day 6	Trento – Riva / Torbole, approx. 45 km
Day 7	Individual departure

Travel time

Season A	04.04. – 10.04.	26.09. – 11.10.
Season B	11.04. – 08.05.	05.09. – 25.09.
Season C	09.05 04.09.	

Daily arrival 04.04. – 11.10.2026 The season is dictated by the arrival date.

Services

- → 6 nights with breakfast, national 3* / 4*-level
- → Digital travel documents and route navigation via app
- → Ride on the Vinschgau Railway Merano Mals incl. bike
- → Luggage transport from hotel to hotel to Torbole / Riva, max. 20 kg / piece
- → Pistachio ice cream or freshly squeezed juice (1 x per person)
- → Service-Hotline (7 days, 08.00 a.m. 08.00 p.m.)

Not included services

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Basic price per person

Doubleroom, Season A	1049,-
Doubleroom, Season B	1159,-
Doubleroom, Season C	1239,-
Additional fee single room	359,-

Additional night prices per person

Merano DBL / BB	115,-
Merano SGL / BB	145,-

Additional services per person

E-bike / Pedelec*	289,-
Rental bike (21-gear)*	99,-
Return transfer excl. bike (Sat – Thu)	95,-
Return transfer incl. bike (Sat – Thu)	139,-

^{*}including rental bike insurance

Exemplary hotel list

Meran	Villa Laurus, Meran	https://www.hotelsmerano.it/de/ hotel-villalaurus-meran/
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Bozen	Parkhotel Mondschein, Bozen	https://www.parkhotelmondschein.com/de
Auer	Hotel Villa Groff, Auer	https://www.villagroff.it/de
Trient	Grand Hotel, Trient	https://www.grandhoteltrento.com/de/
Riva / Torbole	Hotel Giardino Verdi, Riva	https://www.giardinoverdi.it/

Child reduction on basic price

0 - 5 Years	100%
6 - 11 Years	50%
12 - 14 Years	25%
15 - 17 Years	10%

 $\label{lem:commodation} \textbf{Reduction for children is valid for accommodation in room with two full-paying guests.}$

Additional night prices per person

Torbole / Riva DBL / BB (Season A)	79,-
Torbole / Riva DBL / BB (Season B)	99,-
Torbole / Riva DBL / BB (Season C)	119,-
Torbole / Riva SGL / BB (Season A)	159,-
Torbole / Riva SGL / BB (Season B)	179,-
Torbole / Riva EZ EF (Season C)	199,-

Languages Travel documents

→ German, English, French

Additional note

- → All bookings are on request.
- → Optionally bookable: Printed travel documents incl. maps, per room $\stackrel{\textstyle \leftarrow}{}$ 20
- → Return journey from Torbole / Riva to Merano: Optional by minibus (every Saturday, Sunday, Monday and Tuesday morning), must be specified when booking.
- → Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- → Comfortable saddle
- → Bike lock
- → Odometer
- → Air pump
- → Breakdown kit (1 x per booking)
- → Unflat Schwalbe Marathon Plus tyres or comparable
- → Waterproof pannier
- → Waterproof handlebar bag with map holder

Journey to Meran

→ Nearest airports: Verona→ Train station: Merano

Parking in Meran

- → Public parking near the hotel, approx. 50-95 € / week or hotel garage, costs approx. 10-20 € / day, payable on site.
- → No reservation possible through Radweg-Reisen.

Luggage transport

→ Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Status: 13.08.2025

Stages description

Day 1: Individual arrival in Merano

Welcome to South Tyrol. Merano welcomes you with its mild climate and glittering mountain summits. Discover the wonderful old part of the town and get a taste of South Tyrolean wine-making or visit the huge thermal bath complex, which was opened in 2005. Reserved rental bicycles are parked at the hotel ready for you.

Day 2: Excursion to the Vinschgau Valley, up to approx. 70 km + train ride

Relax and enjoy the views from the Vinschgau train that takes you to the Reschenpass. Back on your bike you set off from Mals via Glurns and Schlanders and then back to Merano. In Glurns you will be able to see the wonderfully preserved medieval town wall. Castles and forts either line your path or can be espied high up in the hills. Enjoy the view of the impressive Ortler Alps and Stelvio Pass. For a shortcut you can always take the Vinschgau train on this stretch.

Day 3: Merano - Bolzano, approx. 45 km

From Merano, your route takes you through many orchards and vineyards along the South Tyrolean wine route. You cycle pass well-fortified forts, castles and ruins, to Eppan and then continue to Bolzano, the capital of South Tyrol. A visit to the South Tyrolean archaeological museum is a must, where Ötzi the Iceman, a mummy of a man from the Bronze age, is exhibited.

Day 4: Bolzano - Auer, approx. 25 km

Today you cycle smoothly along the bank of the Adige to Auer. If you prefer a more beautiful but more strenuous route you can cycle via Eppan and see the ruin of the impressive Hocheppan castle. St. Pauls

offers a pretty church, also referred to as the country cathedral. You continue cycling to Lake Kaltern, one of the biggest lakes in South Tyrol and the warmest swimming lake of the Alps, located in the South Tyrolean wine-producing region.

Day 5: Auer - Trento, approx. 45 km

You will mainly be cycling along the Adige and through orchards to Salurn, the southernmost village of South Tyrol. Along the vineyards you reach Trentino, capital of the self-governed province of the same name. Wander through the historic city centre and view the beautiful cathedral, San Vigilio and Castle Buonconsiglio, the former residence of a number of prince-bishops. Numerous museums await your visit.

Day 6: Trento - Riva / Torbole, approx. 45 km

Near Rovereto, which used to be known for its silk manufactories, you leave the Adige Valley and cycle towards Mori. After a short stretch uphill you reach Lake Garda, situated wonderfully between the Alps and the Po Valley. The lake was formed by the Adige Glacier in the last ice age. It is regarded as the largest and most beautiful Italian lake. Over Torbole, located on the coastal road Gardesana Orientale, you will reach Riva del Garda.

Day 7: Individual departure

After breakfast you start your individual return journey home or extend your stay.

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