

# Biketour on the Atlantic Coast

NEW

8 DAYS / 7 NIGHTS, APPROX. 345 KM  
BOOKING CODE: FR-ATNR7

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



Salt Marshes & Seaside Charm

From Eur **1089,-**

## Your tour

Experience La Vélodyssée – the Atlantic Cycling Route by bike! This captivating cycling tour takes you from Nantes to La Rochelle along endless beaches, impressive dunes, vast salt marshes, and idyllic pine forests – always with the ocean as your scenic backdrop. Charming fishing villages, lively seaside resorts, and historic towns like La Rochelle await you along the way. Enjoy varied stages, safe cycling paths, and authentic French coastal landscapes – an unforgettable adventure for cyclists of all levels.

## Itinerary

<b>Day 1</b>	Individual arrival in Nantes
<b>Day 2</b>	Nantes – Saint-Brévin les Pins, approx. 65 km
<b>Day 3</b>	Saint-Brévin les Pins – Bouin, approx. 50 km
<b>Day 4</b>	Bouin – Saint Jean de Monts, approx. 55 km
<b>Day 5</b>	Saint Jean de Monts – Les Sables d’Olonne, approx. 55km
<b>Day 6</b>	Les Sables d’Olonne – La Tranche sur Mer, approx. 50 km
<b>Day 7</b>	La Tranche sur Mer – La Rochelle, approx. 70 km
<b>Day 8</b>	Individual departure

## Travel time

<b>Season A</b>	14.04. – 30.04.	28.09. – 09.10.
<b>Season B</b>	18.05. – 30.06.	01.09. – 27.09.
<b>Season C</b>	01.05. – 17.05.	01.07. – 31.08.

Daily arrival 14.04. – 09.10.2026  
The season is dictated by the arrival date.

## Services

- 7 nights with breakfast, national 2\* / 3\*-level
- 7 nights with breakfast, national 3\* / 4\*-level
- Luggage transport from hotel to hotel, max. 1 piece per person, max. 20 kg / piece
- City tax
- Cycle route description with maps (1 x per room)
- Route navigation via app
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Basic price per person

	Category A	Category B
Doubleroom, Season A	1339,-	1089,-
Doubleroom, Season B	1395,-	1129,-
Doubleroom, Season C	1439,-	1179,-
Surcharge single room, season A	715,-	445,-
Surcharge single room, season B	759,-	479,-
Surcharge single room, season C	809,-	529,-

## Additional services per person

E-bike	309,-
Children's / Teenager's bike (21 gear)	179,-
Rental bike (21 gear)	179,-

## Notes

- Minimum number of participants: 2

## Exemplary hotel list Category A

Nantes	Oceania Hôtel De France	<a href="https://www.oceaniahotels.com/oceania-hotel-de-france-nantes">https://www.oceaniahotels.com/oceania-hotel-de-france-nantes</a>
Saint-Brévin les Pins	Hôtel Spa Du Beryl	<a href="https://www.joa.fr/casinos/saint-brevin/hotel-spa/sejourner-a-l-hotel-spa-du-beryl">https://www.joa.fr/casinos/saint-brevin/hotel-spa/sejourner-a-l-hotel-spa-du-beryl</a>
Bouin	Hôtel Le Martinet	<a href="https://www.domaine-lemartinet.com/">https://www.domaine-lemartinet.com/</a>
Saint Jean de Monts	Valdys Hôtel & SPA	<a href="https://www.hotels-valdys.fr/saint-jean-de-monts/hotel-valdys-les-pins">https://www.hotels-valdys.fr/saint-jean-de-monts/hotel-valdys-les-pins</a>
Les Sables d'Olonne	Hôtel Les Roches Noires	<a href="https://www.hotel-lesrochesnoires.com/">https://www.hotel-lesrochesnoires.com/</a>
La Tranche sur Mer	Hôtel Les Dunes	<a href="https://hotel-les-dunes.com/">https://hotel-les-dunes.com/</a>
La Rochelle	Hôtel Central Park	<a href="https://www.hotelcentralpark.fr/">https://www.hotelcentralpark.fr/</a>

## Exemplary hotel list Category B

Nantes	Hôtel Duquesne	<a href="https://www.hotel-duquesne-nantes.com/">https://www.hotel-duquesne-nantes.com/</a>
Saint-Brévin les Pins	Hôtel Le Petit Trianon	<a href="https://www.hotelsaintbrevin.fr/">https://www.hotelsaintbrevin.fr/</a>
Bouin	Hôtel Le Martinet	<a href="https://www.domaine-lemartinet.com/">https://www.domaine-lemartinet.com/</a>
Saint Jean de Monts	Hôtel Robinson	<a href="https://www.logishotels.com/fr/hotel/logis-hotel-le-robinson-484?partid=1535">https://www.logishotels.com/fr/hotel/logis-hotel-le-robinson-484?partid=1535</a>
Les Sables d'Olonne	Hôtel Les Roches Noires	<a href="https://www.hotel-lesrochesnoires.com/">https://www.hotel-lesrochesnoires.com/</a>
La Tranche sur Mer	Hôtel Les Dunes	<a href="https://hotel-les-dunes.com/">https://hotel-les-dunes.com/</a>
La Rochelle	Hôtel de la Paix	<a href="https://www.hoteldelapaix-larochelle.com/index.php">https://www.hoteldelapaix-larochelle.com/index.php</a>

## Child reduction on basic price

0 - 2 years	90%
3 - 11 Years	20%
12 - 15 years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Discount applies for accommodation in a room with two full-paying guests.

## Languages Travel documents

→ German, English

## Additional note

→ All bookings are on request.

## Equipment of our rental bikes

- Bike lock
- Pannier
- smartphone holder
- Handlebar bag
- Repair kit

## Journey to Nantes

- Nearest airport: Nantes
- Nearest train station: Nantes

## Stages description

### Day 1: Individual arrival in Nantes

Welcome to Nantes, the charming city on the banks of the Loire and the starting point of your biketour on the Atlantic Coast. Wander through historic districts with magnificent houses, visit the impressive cathedral, and explore the Château des Ducs de Bretagne. Immerse yourself in the art, history, and lively atmosphere of this riverside city.

### Day 2: Nantes – Saint-Brévin les Pins, approx. 65 km

Your biketour on the Atlantic Coast begins along tranquil paths through the peaceful Loire estuary landscapes. Between salt marshes and gentle countryside, you'll be greeted by the fresh, salty sea breeze as you arrive in Saint-Brévin les Pins. Take a stroll along the beautiful beaches and let the Atlantic charm of your first day linger.

### Day 3: Saint-Brévin les Pins – Bouin, approx. 50 km

Today you'll reach the "oyster capital" of the Vendée, a former island now protected by dikes and polders. Watch the salt marsh workers at Port du Bec and enjoy fresh oysters with a view of Noirmoutier Island. This stage of your biketour perfectly blends nature, gastronomy, and authentic coastal scenery.

### Day 4: Bouin – Saint Jean de Monts, approx. 55 km

Cycle through dunes, forests, and charming 20th-century villas to reach the seaside resort of Saint Jean de Monts. The fine sandy beach invites a romantic walk at sunset. Enjoy the unique charm of the coastal town and soak up the lively beach atmosphere – a memorable highlight of your biketour on the Atlantic Coast.

**Day 5: Saint Jean de Monts – Les Sables d’Olonne, approx. 55km**

Between Sion and St-Gilles-Croix-de-Vie, ride past the picturesque rocks of ‘Cinq-Pintaux’ and ‘Trou du Diable’. Discover the old fishing port of St-Hilaire-de-Riez before arriving in Les Sables d’Olonne, famous as the start town of the Vendée Globe race. Taste local specialties like the renowned “Sablaise” sardine and soak in the lively maritime atmosphere.

**Day 6: Les Sables d’Olonne – La Tranche sur Mer, approx. 50 km**

This stage takes you along the coast from beaches to rocky coves, with breathtaking contrasts along the Payré estuary. Pause for a swim on one of the beautiful beaches, such as Conche Beach, before reaching La Tranche sur Mer, a vibrant seaside resort known for water sports and relaxed coastal charm.

**Day 7: La Tranche sur Mer – La Rochelle, approx. 70 km**

Cycle through the dry parts of the Marais Poitevin and follow the green cycling paths (“Voies Vertes”) to the village of Marans, where the striking glass-and-metal bell tower awaits. Continue to La Rochelle, greeted by its historic towers and remnants of the old city walls. The warm lights of the old town offer a perfect finale to your biketour on the Atlantic Coast.

**Day 8: Individual departure**

After breakfast you start your individual return journey home or extend your stay.