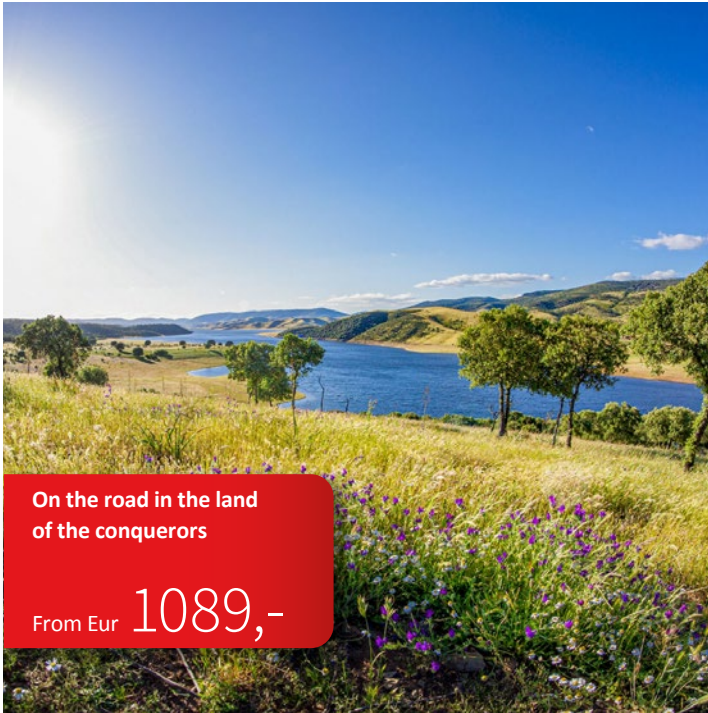


# Cycling Tour in the Extremadura

7 DAYS / 6 NIGHTS, APPROX. 285 KM  
BOOKING CODE: ES-SPOC6

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



## Your tour

Welcome to our cycling tour in Extremadura. Located in the heart of the Iberian Peninsula, this region in central Spain, with its mountain ranges in the north and its vast plains in the south, is one of the most sparsely populated regions in the country. The cycle tour starts in Oropesa. You cycle through landscapes characterised by stone and cork oaks, get to know the wild beauty of the Monfragüe National Park with its numerous birds of prey and enjoy sun-drenched wines and traditional specialities. On the way, you will stop in historical and extremely worth seeing places such as Plasencia, Trujillo and Cáceres, which were already important for the Romans and the Moors. On our bike tour, you will mainly stay overnight in paradores. The accommodation, housed in restored and renovated palaces, castles and monasteries, will impress you with its historical ambience.

## Itinerary

<b>Day 1</b>	Individual arrival to Oropesa
<b>Day 2</b>	Oropesa – Jarandilla de la Vera, approx. 65 km
<b>Day 3</b>	Jarandilla de la Vera – Plasencia, approx. 60 / 70 km
<b>Day 4</b>	Plasencia – National Park Monfragüe, approx. 45 km
<b>Day 5</b>	National Park Monfragüe – Trujillo, approx. 50 km
<b>Day 6</b>	Trujillo – Cáceres, approx. 55 km
<b>Day 7</b>	Individual departure

## Travel time

<b>Season A</b>	01.03. – 30.06.	01.09. – 30.11.
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Daily arrival 01.03. – 30.06.2024 and 01.09. – 30.11.2024

## Services

- 6 nights with breakfast, 5 x in Paradores on national 4\* level and 1 x in a rural Hacienda in Monfragüe National Park
- Luggage transport from hotel to hotel to Cáceres, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Citys or visitors tax, if payable

## Basic price per person

Double room	1089,-
Price Surcharge Singleroom	259,-

## Additional services per person

E-bike / Pedelec	189,-
Rental bike (24-gear)	99,-

## Notes

- Minimum number of participants: 2 persons

## Exemplary hotel list Standard

Oropesa	Parador De Oropesa	<a href="https://paradores.es/es/parador-de-oropesa">https://paradores.es/es/parador-de-oropesa</a>
Jarandilla de la Vera	Parador de Jarandilla de la Vera	<a href="https://paradores.es/es/parador-de-jarandilla-de-la-vera">https://paradores.es/es/parador-de-jarandilla-de-la-vera</a>
Plasencia	Parador de Plasencia	<a href="https://paradores.es/es/parador-de-plasencia">https://paradores.es/es/parador-de-plasencia</a>
Nationalpark Monfragüe	Palacio Viejo De Las Corchuelas Torrejon el Rubio	<a href="https://lascorchuelas.com/">https://lascorchuelas.com/</a>
	Hospederia De Monfragüe Torrejon el Rubio	<a href="https://www.hospederiasdeextremadura.es/es/hotel/hospederia-parque-de-monfrague">https://www.hospederiasdeextremadura.es/es/hotel/hospederia-parque-de-monfrague</a>
Trujillo	Parador de Trujillo	<a href="https://paradores.es/es/parador-de-trujillo">https://paradores.es/es/parador-de-trujillo</a>
Cáceres	Parador de Cáceres	<a href="https://paradores.es/es/parador-de-caceres">https://paradores.es/es/parador-de-caceres</a>

## Child reduction on basic price

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Since family rooms are not available on this trip, the children's discount cannot be offered.

## Languages Travel documents

→ German, English

## Additional note

- All bookings are on request.
- In Spain, helmets are compulsory for cyclists.
- Return journey: Cab transfer from Madrid airport to Oropesa (1 – 6 people) or cab Cáceres to Madrid airport (1 – 6 people). Please do not hesitate to contact us.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

## Equipment of our rental bikes

- Replacement tube (per room)
- Bike lock
- Bottle cage
- Luggage rack
- Map holder
- Odometer
- Helmet for hire
- Air pump
- Multi-Tool
- Breakdown kit (1 x per booking)
- Waterproof pannier

## Journey to Oropesa

- Nearest airports: Madrid
- Train station: Oropesa

## Stages description

### Day 1: Individual arrival to Oropesa

Hola and welcome to your bike tour in Extremadura! Your location is Oropesa. The small village at the foot of the Sierra de Gredos has a wonderful medieval old town. A special highlight of the village is, however, the castle with its dominant donjon, that was built around 1400. It originally consists in two castles – one partially preserved Arabic fortress and a newer part from the 15th century.

### Day 2: Oropesa – Jarandilla de la Vera, approx. 65 km

The first stage of your bike tour in Extremadura leads you through typical Mediterranean forests along the extensions of the Sierra de Gredos. On your way, a detour to the Gualtamino canyon is worthwhile. The Cascada del Diablo there, the devil's waterfall, belongs to the most beautiful waterfalls in Spain. At your destination Jarandilla de la Vera, the castle of the count of Oropesa, that you can see already from afar and that is used today as a hotel, expects you. Discover on a stroll through the shops the smoked pepper powder Pimentón de la Vera. It is made according to a traditional formula and is produced in the region – a real souvenir.

### Day 3: Jarandilla de la Vera – Plasencia, approx. 60 / 70 km

Shortly after today's starting point, a detour to the monastery of Yuste is worthwhile. It once served as refuge of Karl V., who then was the most powerful man in the world. Relaxed, it goes to today's destination, the lovely medieval town Plasencia. The Rio Jerte forms the natural moat around the by a wall surrounded old town hill. It was an important means of defense during the time of reconquest in Spain during the 12th century. Go on a tour through the old town with its numerous palaces and churches, wherein the new cathedral is the most outstanding.

### Day 4: Plasencia – National Park Monfragüe, approx. 45 km

Your bike tour in Extremadura leads you to the South into the direction of the Rio Tajo. With it, you reach the Monfragüe national park. The park is one of the biggest animal refuge and ornithological reserve in Western Spain and known for its breeding raptors there. Take a seat at one of the observation posts and watch the birds hunting and nesting. A special viewpoint is the Castillo de Monfragüe. It originated in the time of conquest by the Arabs, is today a ruin and reachable by bike – including view!

**Day 5: National Park Monfragüe – Trujillo, approx. 50 km**

It goes further into direction South on your bike tour in Extremadura. Through wonderful Mediterranean forests it goes to Trujillo. The medieval village is called the cradle of the conquistadors. One of these conquerors was Francisco Pizarro. He conquered Peru and the Inca Empire in the 16th century, which he brought down. On the Plaza Major, a statue for the most famous son of the city was built. Above Trujillo there is a Moorish fortress, from where you can enjoy a wonderful view on the roofs and towers of the city.

**Day 6: Trujillo – Cáceres, approx. 55 km**

To conclude your bike tour in Extremadura, it goes to Cáceres, one of the most beautiful medieval towns of Spain. An especially well-preserved old town district will impress you. Go for a walk through the past of the city, whose settlement history started more than 2000 years ago. Numerous churches, palaces and cobbled streets characterize the oldest part of Cáceres. Enjoy a full-bodied wine from the vineyard Ribera del Guadana at the end of your trip. Salud!

**Day 7: Individual departure**

After breakfast you start your individual return journey home or extend your stay.