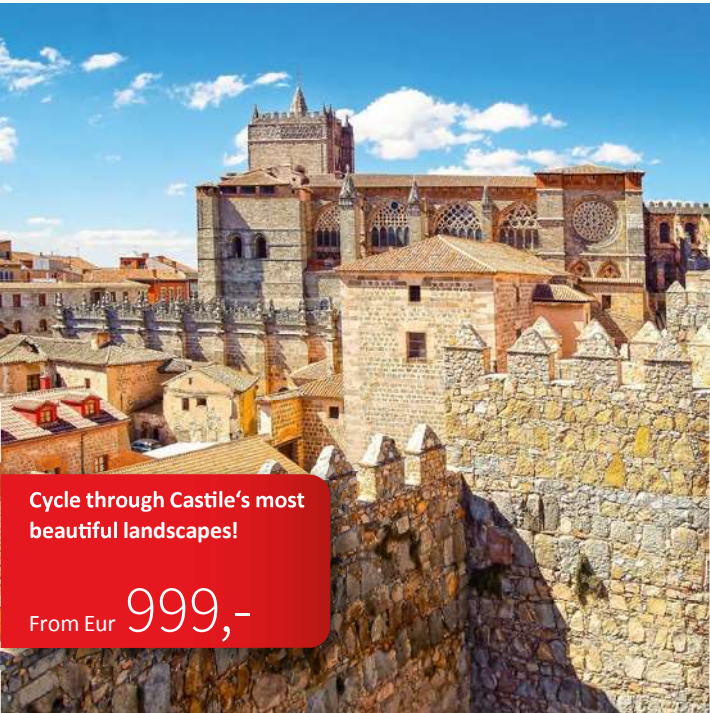


# Cycling through Castile

8 DAYS / 7 NIGHTS, APPROX. 215 KM  
BOOKING CODE: ES-SPKA7

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



### Your tour

From the imposing city walls of Ávila to the lively university city of Salamanca, this cycle tour takes you through the heart of Castile. You cycle on small roads through the Sierra de Gredos, past clear rivers and through charming villages such as Barco de Ávila and Candelario. The route runs along historic paths, through forests and across wide plateaus until you finally arrive in Salamanca – a jewel full of history and impressive architecture. Regional delicacies, hospitable accommodation and unique landscapes await you along the way.

### Itinerary

Day 1	Individual arrival to Avila
Day 2	Avila – Villafranca – Barco de Avila, approx. 45 km + transfer
Day 3	Excursion around El Barco de Ávila, approx. 40 km
Day 4	El Barco de Ávila – Candelario, approx. 30 km
Day 5	Candelario – Fuentes de Béjar, approx. 30 km
Day 6	Fuentes de Bejar – San Pedro de Rozados, approx. 45 km
Day 7	San Pedro de Rozados – Salamanca, approx. 25 km
Day 8	Individual departure

### Travel time

Season A	01.04. – 31.10.
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Daily arrival 01.04. – 31.10.2026  
The season is dictated by the arrival date.

### Services

- 7 nights with breakfast, national 3\* / 4\*-level
- Luggage transport from hotel to hotel to Salamanca, max. 20 kg / piece
- Travel documents in English, with maps (1 x per room)
- Cycle route description with maps (1 x per room)
- Route navigation via app
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)
- Transfer Avila – Villafranca incl. bike

### Not included services

- Citys or visitors tax, if payable

### Basic price per person

Double room	999,-
Additional fee single room	269,-

### Additional services per person

E-bike / Pedelec	189,-
Rental bike (24-gear)	99,-

### Notes

- Minimum number of participants: 2 persons

## Exemplary hotel list

Ávila	Hotel Reina Isabel Avila	<a href="https://www.eurostarshotels.com/exe-reina-isabel.html">https://www.eurostarshotels.com/exe-reina-isabel.html</a>
El Barco de Ávila	Hotel Mirador De Gredos Barco de Avila	<a href="https://www.hotelmiradordegredos.com/">https://www.hotelmiradordegredos.com/</a>
El Barco de Ávila	Hotel Mirador De Gredos Barco de Avila	<a href="https://www.hotelmiradordegredos.com/">https://www.hotelmiradordegredos.com/</a>
Candelario	Posada de Candelario	<a href="https://posadacandelario.com/web/">https://posadacandelario.com/web/</a>
	Casa De La Sal	
	Hospedium Hotel La Fuente	Hospedium Hotel La Fuente
Fuentes de Béjar	Hotel Rural Villa Maria Fuentes de Béjar	<a href="https://hotelruralvillamaria.com/de">https://hotelruralvillamaria.com/de</a>
San Pedro de Rozados	Turismo Rural VII Carreras	<a href="https://www.turismoruralviicarreras.es/">https://www.turismoruralviicarreras.es/</a>
Salamanca	Sercotel Las Torres Salamanca	<a href="https://www.sercotelhoteles.com/es/hotel-las-torres-salamanca">https://www.sercotelhoteles.com/es/hotel-las-torres-salamanca</a>
	Hotel San Polo	

## Child reduction on basic price

No child discount is offered on this trip.

## Languages Travel documents

→ English

## Additional note

- All bookings are on request.
- In Spain, helmets are compulsory for cyclists.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

## Equipment of our rental bikes

- Bike lock
- Bottle cage
- Luggage rack
- Map holder
- Odometer
- Helmet for hire
- Air pump
- Multi-Tool
- Breakdown kit (1 x per booking)
- Waterproof pannier

## Journey to Ávila

- Nearest airports: Salamanca, Madrid
- Train station: Ávila

## Stages description

### Day 1: Individual arrival to Avila

Your cycle tour in Castile begins in Ávila. The highest provincial capital in Spain has a 2500 metre long city wall with 88 towers and nine city gates - unmistakable and impressive! The wall dates back to the 11th century and can be walked along in many places. The Catedral de Ávila in the centre of the beautiful old town is also well worth a visit.

### Day 2: Avila – Villafranca – Barco de Avila, approx. 45 km + transfer

This morning, a transfer will take you to the starting point of your first cycling stage. Get on your bike in Villafranca de la Sierra and follow the small winding roads to El Barco de Ávila. The small town on the Río Tormes not only has a beautiful old town centre, but also a castle that is well worth seeing. The Castillo de Valdecorneja fortress dates back to the 15th century. After your walk through the town, fortify yourself with a traditional stew made from the barco beans grown in the region.

### Day 3: Excursion around El Barco de Ávila, approx. 40 km

You explore the foothills of the Sierra de Gredos on quiet country roads. The mountain range is part of the Iberian Sheath Mountains and is around 2600 metres high at its highest point, the Pico Almanzor.

Enjoy the tranquil atmosphere of the landscape, take a dip in the crystal-clear waters of the Río Tormes and savour a picnic in the shade of the many oak trees. You will spend the night again in El Barco de Ávila.

### Day 4: El Barco de Ávila – Candelario, approx. 30 km

Today's stage of your cycle tour in Castile takes you along winding roads in the province of Salamanca. Cycle through chestnut and oak forests to the mountain village of Candelario, your destination for today. Stroll through the narrow alleyways with their massive stone houses and let yourself be carried away into the past of the village, which has probably been inhabited since Roman times. Cruz del Herrerito lies just outside the village. The viewpoint offers a view of the surrounding hills of the Sierra de Gredos.

### Day 5: Candelario – Fuentes de Béjar, approx. 30 km

Right at the start of the stage, it is worth making a longer stopover in the small town of Béjar. Visit the ducal palace from the 16th century, the Renaissance garden El Bosque, the numerous churches and make a detour to the Plaza de Toros, the oldest stone bullring in Spain. The Via

de la Plata takes you to your destination for the day, Fuentes de Béjar. The small town got its name from the numerous fountains and springs that surround it.

**Day 6: Fuentes de Bejar – San Pedro de Rozados, approx. 45 km**

Leaving the mountains behind you, today's stage of your cycle tour in Castile takes you along the Via de la Plata, a historic road that has existed since Roman times. The route has been used as a pilgrimage route since the Middle Ages and is one of the St James' Way routes. You cycle along pastures with old holm oaks. Enjoy the penultimate evening in your destination, the village of San Pedro de Rozados, with Castilian delicacies and regional wine.

**Day 7: San Pedro de Rozados – Salamanca, approx. 25 km**

Cycle relaxed along the Via de la Plata towards your destination of Salamanca. The city already appears in the chronicles of ancient Iberia and has managed to preserve its historical image to this day. The best place to fortify yourself for a tour of the city is in a café in the Plaza Mayor, one of the most beautiful squares in Europe. Continue to the Casa de las conchas, the shell house. After you have seen the oldest university in Europe and some impressive cathedrals, you can take a detour to the Puente Romano, a Roman bridge that spans the Río Tormes.

**Day 8: Individual departure**

After breakfast you start your individual return journey home or extend your stay.