

Cycle tour in Greece: The Peloponnese

8 DAYS / 7 NIGHTS, APPROX. 275 KM
BOOKING CODE: ES-GRVN7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



From Mycenae to the sea:
your cycling adventure in
Greece!

From Eur 889,-



Your tour

Experience the unspoilt beauty of the Peloponnese on your cycle tour in Greece. Between mountains, olive groves and the blue sea, you will discover ancient sites such as Mycenae and Epidaurus. Picturesque villages, Mediterranean lifestyle and the culinary diversity of Greece accompany you on your journey from Vytina to the coast.

Itinerary

Day 1	Individuelle Anreise nach Vytina
Day 2	Vytina – Tripoli, approx. 40 km
Day 3	Excursion to the Kapsia stalactite cave, approx. 45 km
Day 4	Tripoli – Paralio Astros, approx. 55 km
Day 5	Paralio Astros – Nafplio, approx. 45 km
Day 6	Excursion to Mycenae, approx. 50 km
Day 7	Excursion to Epidaurus, approx. 40 km + transfer
Day 8	Individual departure

Travel time

Season A	18.04.	02.05. – 30.05.	05.09. – 31.10.
Season B	04.04. – 11.04.	25.04.	
Season C	06.06. – 29.08.		

Arrival Saturday 04.04. – 31.10.2026
The season is dictated by the arrival date.

Services

- 7 nights with breakfast, national 3*-level
- Digital travel documents and route navigation via app
- Luggage transport from hotel to hotel
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)
- Transfer from Nafplio to Epidaurus on Day 7

Not included services

- Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	929,-
Doubleroom, Season B	989,-
Doubleroom, Season C	1019,-
Additional fee single room	189,-

Additional services per person

E-mountain bike	269,-
E-bike / Pedelec	269,-
Transfer Athens Airport – Vytina incl. bike (from 2 persons)	135,-
Transfer Nafplio – Athens airport incl. bike (from 2 persons)	115,-
Trekkingbike (27-gear)	99,-

Exemplary hotel list

Vytina	Sinoi Traditional Guesthouse, Vytina Arcadia	https://www.sinoi.gr/en/
Tripoli	Palatino Tripoli	https://www.palatino-tripolis.gr/english/
Tripoli	Palatino Tripoli	https://www.palatino-tripolis.gr/english/
Paralio Astros	Ariadne Hotel & Spa Paralio Astros	https://ariadne-hotel.gr/en/
Nafplio	Pension Dafni Nafplio	https://www.pensiondafni.gr/en/
Nafplio	Pension Dafni Nafplio	https://www.pensiondafni.gr/en/
Nafplio	Pension Dafni Nafplio	https://www.pensiondafni.gr/en/

Child reduction on basic price

Due to the challenging stages, we do not recommend this trip for children.
No child discount is offered on this trip.

Languages Travel documents

→ English

Additional note

- All bookings are on request.
- Arrival and departure: Optional transfer incl. bike (from 2 persons) from Athens airport to Vytina and from Nafplio to Athens airport, duration approx. 3 hours, must be specified when booking.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Comfortable saddle
- Replacement tube (1 x per room)
- Bike lock
- Breakdown kit (1 x per booking)
- Waterproof pannier

Journey to Vytina

- Nearest airports: Athens, Kalamata

Stages description

Day 1: Individuelle Anreise nach Vytina

The best way to arrive is by plane to Athens or alternatively to Kalamata. The transfer bus (not included) will take you comfortably from Athens to your hotel in Vytina. The small mountain village is a popular weekend destination for Athenians. Enjoy your first evening in Greece in a lovely restaurant in the alleyways of Vytina.

Day 2: Vytina – Tripoli, approx. 40 km

Your cycle tour in Greece begins with a wonderful cycle route. You cycle along idyllic, small roads through the mountain ranges of the Peloponnese. The rugged mountains rise up to the right and left. Green forests and small picturesque villages accompany you until you reach the lively capital of the region. Take a stroll through Tripoli and enjoy the evening in one of the many tavernas in the old town.

Day 3: Excursion to the Kapsia stalactite cave, approx. 45 km

On the fertile plateau around Tripoli, you drive through vast apple orchards, vineyards and fruit fields. The small, rather inconspicuous municipality of Kapsia hides a sensational beauty. A magnificent stalactite cave with bizarre stalactite formations in a wonderful play of colours - a guided tour (not included) is definitely worthwhile! Afterwards, you can sample delicious wines directly from the winegrower before cycling back to Tripoli after a stop in ancient Mantinea.

Day 4: Tripoli – Paralio Astros, approx. 55 km

There are numerous highlights to discover on today's stage of your cycle tour in Greece. Firstly, you cycle past the ruins of the Temple of Athena Alea. Cycle through vast olive groves towards the sea. Visit the Loukous monastery, built in the 12th century, with its beautifully

planted courtyard and the excavations of the ancient city of Eva. Roll relaxed to Paralio Astros, a picturesque fishing village with a kilometre-long pebble beach. You decide whether you want to cool off in the clear water or relax in a cosy restaurant.

Day 5: Paralio Astros – Nafplio, approx. 45 km

Fascinating views of the glittering sea and the small fishing boats swaying in the wind accompany you on today's stage along the coastal road. You will soon reach Argos, one of the oldest cities in Europe. Not only the fortress, but also the amphitheatre built into the mountain are impressive contemporary witnesses that you should visit. Continue cycling through the fertile plain until you reach the beautifully situated town of Nafplio. Spend the afternoon in the old town and stroll through the narrow streets and along the beautiful harbour promenade with its numerous cafés.

Day 6: Excursion to Mycenae, approx. 50 km

The upcoming ascent is quickly forgotten as soon as you arrive in one of the most important cities of antiquity. Mycenae is the destination of today's stage of your cycle tour in Greece. You will be amazed by the numerous impressive excavations and remarkable finds. Right at the entrance, you will walk through the Lion Gate and later discover shaft tombs and cisterns. On the way back, enjoy the ride through the vast orange and lemon groves and look forward to another overnight stay in Nafplio.

Day 7: Excursion to Epidauros, approx. 40 km + transfer

Another historical highlight awaits you today. You will reach Epidauros comfortably by transfer bus. You will be impressed by the amphitheatre, which is over 2300 years old. Can you imagine that it could hold 14,000 spectators in its day? After an extensive tour, you cycle through the mountainous karst landscape and a vast

pistachio-growing area towards the coast. There is no better way to enjoy your last evening than with a refreshing dip in the crystal-clear sea and a meal in a Greek taverna.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.