

# Sweden's West Coast

8 DAYS / 7 NIGHTS, APPROX. 360 KM

BOOKING CODE: EN-SEHG7

DAILY ROUTE LENGTH ●●●●●

TOPOGRAPHY ●●●●●



On the Kattegat route from Helsingborg to Gothenburg

From Eur **1149,-**



## Your tour

On the Kattegat Route, you cycle along the strait between Denmark and Sweden, once feared by sailors. You sniff the salty sea air and watch the waves crash on the wide beaches. In the charming fishing villages and small harbours you can literally hear the clocks ticking slower. The vastness of the Scanian landscape is slowly replaced by cliffy rocks, dense forests and lively harbours off Gothenburg.

## Itinerary

|              |   |  |  |
|--------------|---|--|--|
| <b>Day 1</b> | Individual arrival to Helsingborg           |  |  |
| <b>Day 2</b> | Helsingborg – Ängelholm, approx. 60 km      |  |  |
| <b>Day 3</b> | Ängelholm – Halmstad, approx. 75 / 95 km    |  |  |
| <b>Day 4</b> | Halmstad – Falkenberg, approx. 60 km        |  |  |
| <b>Day 5</b> | Falkenberg – Varberg, approx. 40 km         |  |  |
| <b>Day 6</b> | Varberg – Kungsbacka, approx. 60 – 70 km    |  |  |
| <b>Day 7</b> | Kungsbacka – Gothenburg, approx. 40 – 65 km |  |  |
| <b>Day 8</b> | Individual departure                        |  |  |

## Travel time

|                 |                 |        |        |
|-----------------|-----------------|--------|--------|
| <b>Season A</b> | 25.05.          | 31.08. | 07.09. |
| <b>Season B</b> | 01.06.          | 08.06. | 17.08. |
|                 | 24.08.          |        |        |
| <b>Season C</b> | 15.06. – 10.08. |        |        |

Arrival Saturday 25.05. – 07.09.2024  
The season is dictated by the arrival date.

## Services

- 7 nights with breakfast, national 2\* / 3\*-level (Cat B)
- 7 nights with breakfast, national 3\* / 4\*-level (Cat A)
- Luggage transport from hotel to hotel to Gothenburg, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Citys or visitors tax, if payable

| Basic price per person     | Category B | Category A |
|----------------------------|------------|------------|
| Doubleroom, Season A       | 1149,-     | 1249,-     |
| Doubleroom, Season B       | 1249,-     | 1349,-     |
| Doubleroom, Season C       | 1299,-     | 1399,-     |
| Price Surcharge Singleroom | 499,-      | 579,-      |

| Additional night prices per person | Category B | Category A |
|------------------------------------|------------|------------|
| Göteborg DBL / BB                  | 99,-       | 109,-      |
| Göteborg SGL / BB                  | 179,-      | 189,-      |
| Helsingborg DBL / BB               | 89,-       | 109,-      |
| Helsingborg SGL / BB               | 169,-      | 189,-      |

## Additional services per person

|                               |       |
|-------------------------------|-------|
| E-bike / Pedelec (freewheel)* | 259,- |
| Rental bike (27-gear)*        | 99,-  |
| Sporty rental bike (30-gear)* | 169,- |

\*including rental bike insurance

### Exemplary hotel list Category A

|             |   |   |
|-------------|---|---|
| Helsingborg | Hotel Radisson Blu Metropol Helsingborg | <a href="https://www.radissonhotels.com/sv-se/hotel/radisson-blu-helsingborg-metropol">https://www.radissonhotels.com/sv-se/hotel/radisson-blu-helsingborg-metropol</a> |
| Ängelholm   | Riverside Hotel Ängelholm               | <a href="https://hotelriverside.se/">https://hotelriverside.se/</a>   |
| Halmstad    | Grand Hotel Halmstad                    | <a href="https://grandhotel.nu/">https://grandhotel.nu/</a>   |
| Falkenberg  | Hamngatan 27 Falkenberg                 | <a href="https://www.hamngatan27.se/wp-content/cache/all/index.html">https://www.hamngatan27.se/wp-content/cache/all/index.html</a>                                     |
| Varberg     | Kusthotell Varberg                      | <a href="https://varbergskusthotell.se/">https://varbergskusthotell.se/</a>   |
| Kungsbacka  | Hotel Halland Kungsbacka                | <a href="https://www.hotellhalland.se/">https://www.hotellhalland.se/</a>   |
| Göteborg    | Eggers Göteborg                         | <a href="https://hotellheden.se/en/">https://hotellheden.se/en/</a>   |

### Exemplary hotel list Category B

|             |                                 |   |
|-------------|---------------------------------|---|
| Helsingborg | Grand Hotel Clarion Helsingborg | <a href="https://clarion-grand-hotel-helsingborg.hotel-ds.com/de/">https://clarion-grand-hotel-helsingborg.hotel-ds.com/de/</a>   |
| Ängelholm   | Hus 57 Ängelholm                | <a href="https://www.hus57.se/">https://www.hus57.se/</a>   |
| Halmstad    | Mårtensson Halmstad             | <a href="https://www.firsthotels.com/depublished/hotels/halmstad/first-hotel-martensson/">https://www.firsthotels.com/depublished/hotels/halmstad/first-hotel-martensson/</a> |
| Falkenberg  | Vårdshuset Hwitan Falkenberg    | <a href="https://www.hwitan.se/">https://www.hwitan.se/</a>   |
| Varberg     | Hotell Gästis Varberg           | <a href="https://www.hotellgastis.se/hotell-gastis-varberg-sweden/">https://www.hotellgastis.se/hotell-gastis-varberg-sweden/</a>   |
| Kungsbacka  | Hotel Halland Kungsbacka        | <a href="https://www.hotellhalland.se/">https://www.hotellhalland.se/</a>   |
| Göteborg    | Spar Hotel Gårda Göteborg       | <a href="http://www.sparhotel.se/en/our-hotels/spar-hotel-garda">http://www.sparhotel.se/en/our-hotels/spar-hotel-garda</a>   |

### Child reduction on basic price

|               |      |
|---------------|------|
| 0 - 5 Years   | 100% |
| 6 - 11 Years  | 50%  |
| 12 - 14 Years | 25%  |
| 15 - 17 Years | 10%  |

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Reduction for children is valid for accommodation in room with two full-paying guests.

### Languages Travel documents

→ German, English

### Additional note

- All bookings are on request.
- In Sweden, children up to the age of 15 must wear a helmet. For safety reasons, we generally recommend wearing a helmet.
- Return journey to Helsingborg: by train on your own, connections several times an hour, bicycles can be taken along. No reservation possible through Radweg-Reisen.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

### Equipment of our rental bikes

- Bike lock
- Odometer
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder

### Journey to Helsingborg

- Nearest airports: Copenhagen-Kastrup
- Train station: Helsingborg

### Parking in Helsingborg

- Parking in Helsingborg, costs approx. 240 SEK or hotel garage in Gothenburg for approx. 395 SEK per day. No reservation possible through Radweg-Reisen.

## Stages description

### Day 1: Individual arrival to Helsingborg

The Kattegattleden officially starts in the southern Swedish town of Helsingborg. The long distance cycle path to Gothenburg was opened in 2015. Many of the buildings in the old town of Helsingborg date back to the 12th century. Kärnan Tower, the only remaining edifice of the former town fortifications, still impresses with its massive walls and height of 35 m. Enjoy the views of Öresund from the harbour. Denmark, which can be seen easily from here, is only 4 km as the crow flies.

### Day 2: Helsingborg – Ängelholm, approx. 60 km

The first on the Kattegattleden path is at Helsingborg's main station, Knutpunkten. After a short pedal to warm you up along the promenade, you can take your first break: Sofiero Castle with extensive park grounds is on the edge of Helsingborg. 10,000 rhododendrons flower around the castle – a blaze of colour! Back on the bike you follow the Kattegattleden along the coast north. In Höganäs, today artists' retreat, pottery used to be made. Next, you cycle round the rock peninsula of Julla, home to many seals and porpoises. Gaze out at the waves and the rocks – one of those funny animals is bound to wave back out of the water!

### Day 3: Ängelholm – Halmstad, approx. 75 / 95 km

After you have left Ängelholm, which is around 500 years old, you follow the Kattegattleden signs to continue along the coast. Green fields, bustling villages with idyllic harbours and beaches lie along your path. At Ängelbäck beach you leave the coast to cross the peninsula's hinterland. The cycle path starts to climb. First gradually and later to include some steep sections. When you've done this you will have completed the highest inclines on the Kattegattleden! The views you get will be a true reward for your efforts. Cycling downhill at speed you soon arrive in the summer town of Båstad. The rest of the section is a pleasant cycle. You leave the Skåne region and cycle along one of Sweden's longest sandy beaches. Further on, you pedal past small bathing resorts and nature reserves to then arrive in Halmstad.

### Day 4: Halmstad – Falkenberg, approx. 60 km

The famous beach at Tylösänd, which you will cycle past today, stretches 7 km. Take a break and go for a wander along the wild-romantic sandy beach. Next, you follow the coast north. Another place for a lovely walk is the nature reserve at Haverdal. This is where Sweden's highest sand dune is found – which is some 40 m over sea level. The windmill in Särö can be seen from afar. In the adjacent cafe, there is a nice little shop – a great place for a break. Back on the

Kattegattleden path, you continue cycling along the coast. On the way you have simply beautiful views of the sea. Enjoy the wide open space and peace of the Swedish countryside.

### Day 5: Falkenberg – Varberg, approx. 40 km

Falkenberg is one of the oldest, medieval towns in the area. Go on a small wander round the town before getting back into the saddle. It is worth it! Your tour takes you on past beaches and bays. Wild geese flap by overhead as you cycle along the Kattegattleden, through small fishing villages. In Träslövsläge, one of these villages, you should definitely make a stop: the freshly cooked lobster here is an absolute treat. Typically, Swedish red wooden houses line your path onwards. On the horizon you'll see Varberg – recognised by its seemingly impenetrable fortress Kallbadhus sauna – well worth visiting! The small town of Varberg will appear almost hectic in comparison to the days you've spent in the quiet, open countryside along the Kattegattleden path.

### Day 6: Varberg – Kungsbacka, approx. 60 – 70 km

On this section you'll notice the countryside changing gradually. While the Kattegattleden path has taken you along long stretches of sandy beach and bays, now the coast gets rockier and more rugged. And you will see islands out in the sea. Look forward to the impressive Castle Tjolöholm! Built in the Tudor style and surrounded by extensive English-style gardens, you feel as if you've been thrown back in time to 16th century England. After visiting this noble estate, you cycle into the hinterland to today's destination Kungsbacka, a lovely little town.

### Day 7: Kungsbacka – Gothenburg, approx. 40 – 65 km

Back at the coast, you follow signs with the number 1 on them: Kattegattleden cycle path. You go through Särö, which was where the bourgeoisie from Gothenburg used to spend the summer 150 years ago. Next, the Kattegattleden path takes you along the old railway line of the Särö train. It's pleasantly level, and you pedal past cliffs, forests, bays and harbours. After you have passed Stora Amundson island, you arrive in Gothenburg. Sweden's second biggest town is the busy final stop on the Kattegattleden cycle path. And also the final destination of your cycling holiday along Sweden's west coast.

### Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.