



# The Aare Cycle Path

11 DAYS / 10 NIGHTS, APPROX. 400 KM  
BOOKING CODE: CH-1K10

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



## Your tour

The peaks of the Eiger, Mönch and Jungfrau watch over Lake Brienz and Lake Thun. Get to know the equally impressive Aare Gorge on an excursion. Along the Aare you will then pass through the federal capital Bern, the watchmaking town of Biel and on via Solothurn to the mouth of the Rhine at Waldshut. Continue cycling upstream to the thundering Rhine Falls near Schaffhausen. At the end of the journey, medieval-looking Constance on Lake Constance awaits you.

## Itinerary

Day 1	Individual arrival in Constance
Day 2	Transfer to Interlaken
Day 3	Excursion to Aareschlucht, approx. 60 km
Day 4	Interlaken – Bern, approx. 35 km + boat trip
Day 5	Bern – Biel, approx. 50 km
Day 6	Biel – Solothurn, approx. 35 km
Day 7	Solothurn – Aarau, approx. 60 km
Day 8	Aarau – Waldshut-Tiengen, approx. 45 / 50 km
Day 9	Waldshut-Tiengen – Schaffhausen, approx. 60 / 65 km
Day 10	Schaffhausen – Constance, approx. 50 km
Day 11	Individual departure

## Travel time

Season A	29.04.	06.05.	30.09.
Season B	27.05.	09.09. – 23.09.	
Season C	03.06. – 01.07.	19.08. – 02.09.	
Season D	13.05.	20.05.	08.07. – 12.08.

Arrival Wednesday 29.04. – 30.09.2026  
The season is dictated by the arrival date.

## Services

- 10 nights with breakfast, national 3\*-level
- Boat trip to the Rhine Falls rock
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Boat trip Interlaken – Thun incl. bike
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)
- Transfer Constance – Interlaken incl. bike in a minibus (Thursday)

## Not included services

- Admission Aare Gorge, approx. 10 CHF per person
- Citys or visitors tax, if payable

## Basic price per person

Doubleroom, Season A	1549,-
Doubleroom, Season B	1779,-
Doubleroom, Season C	2179,-
Doubleroom, Season D	2329,-
Additional fee single room	479,-

## Additional night prices per person

Interlaken DBL / BB	149,-
Interlaken SGL / BB	189,-

## Additional services per person

E-bike / Pedelec*	289,-
Teenager's bike*	49,-
Rental bike (10-gear)*	99,-
Sporty rental bike (30-gear)*	179,-
Parking (fenced) in Constance	49,-

\*including rental bike insurance

### Exemplary hotel list

Konstanz	Apartment-Hotel Konstanz	<a href="https://www.apartment-hotel-konstanz.de/">https://www.apartment-hotel-konstanz.de/</a>
Interlaken	Derby Interlaken	<a href="https://www.hotel-derby-interlaken.ch">https://www.hotel-derby-interlaken.ch</a>
Interlaken	Derby Interlaken	<a href="https://www.hotel-derby-interlaken.ch">https://www.hotel-derby-interlaken.ch</a>
Bern	Kreuz Bern	<a href="https://kreuzbern.ch">https://kreuzbern.ch</a>
Biel	Mercure Plaza Biel	<a href="https://all.accor.com/hotel/6166/index.de.shtml">https://all.accor.com/hotel/6166/index.de.shtml</a>
Solothurn	Roter Ochsen Solothurn	<a href="http://www.roterochsen.ch">http://www.roterochsen.ch</a>
Aarau	Schützen Aarau	<a href="https://www.gasthofschuetzen.ch">https://www.gasthofschuetzen.ch</a>
Waldshut-Tiengen	Waldshuter Hof	<a href="http://www.waldshuter-hof.de">http://www.waldshuter-hof.de</a>
Schaffhausen	Park Villa Schaffhausen	<a href="https://www.parkvilla.ch/">https://www.parkvilla.ch/</a>
Konstanz	Apartment-Hotel Konstanz	<a href="https://www.apartment-hotel-konstanz.de/">https://www.apartment-hotel-konstanz.de/</a>

### Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

### Additional night prices per person

Aarau DBL / BB	105,-
Aarau SGL / BB	155,-
Bern DBL / BB	125,-
Bern SGL / BB	165,-
Biel DBL / BB	119,-
Biel SGL / BB	159,-
Constance DBL / BB	89,-
Constance SGL / BB	115,-
Schaffhausen DBL / BB	115,-
Schaffhausen SGL / BB	155,-
Solothurn DBL / BB	109,-
Solothurn SGL / BB	149,-
Waldshut-Tiengen DBL / BB	79,-
Waldshut-Tiengen SGL / BB	109,-

### Languages Travel documents

→ German, English, Dutch, French

### Additional note

→ All bookings are on request.

→ Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

### Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: [www.cycling-holiday.com/rental-bikes](http://www.cycling-holiday.com/rental-bikes)

### Journey to Konstanz

- Closest airport: Zurich, Stuttgart, Basel, Karlsruhe, Memmingen, Friedrichshafen
- Train station: Constance

### **Parking in Konstanz**

- Fenced parking lot near the Radweg-Reisen office in Constance, must be booked and paid in advance.
- Parking garages (Fischmarkt, Dammgasse, Lago, Altstadt, Benediktinerplatz), costs approx. 25 Euro / day
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents)

### **Bike handover**

- Pick-up at Radweg-Reisen in Konstanz between 9 am and 7 pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return at Radweg-Reisen or guests leave them at the hotel.

### **Luggage transport**

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

### **Travel documents**

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

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## **Stages description**

### **Day 1: Individual arrival in Constance**

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.

### **Day 2: Transfer to Interlaken**

After breakfast, a minibus takes you to Interlaken. The town between Lakes Brienz and Thun is a popular starting point for the Aare Gorge and the mountains of the Bernese Oberland. A breathtaking mountain panorama awaits you with views of the Jungfrau, Mönch and Eiger mountains, especially good to see on a ride on the rack railway.

### **Day 3: Excursion to Aareschlucht, approx. 60 km**

At the beginning you cycle along Lake Brienzsee to the Aare Gorge (entrance fee not included). The 1400 metre long gorge is only about one metre wide at its narrowest point and is well suited for a short hike. We return to Interlaken by bike.

### **Day 4: Interlaken – Bern, approx. 35 km + boat trip**

You start the day with a leisurely boat trip across Lake Thun, during which you can relax and enjoy the passing scenery. From Thun you cycle to Bern, an easy route and ideally suited to get you in the mood for the days ahead. Goethe considered Bern the most beautiful city in Switzerland, and the old town is now a World Heritage Site.

### **Day 5: Bern – Biel, approx. 50 km**

You cycle along the banks of the Aare and Lake Wohlen to bilingual Biel/Bienne. The Swiss watch industry has made the city famous, you can learn about it in the Omega Museum. Discover the many fountains in the city, most of which are fed by the Roman spring.

### **Day 6: Biel – Solothurn, approx. 35 km**

Today's stage is only short, so you can still enjoy the old town or the lake at Strandboden. Solothurn is the capital of the canton of the same name and is considered the most beautiful baroque town in Switzerland. The number eleven has a special meaning here: there are 11 churches and chapels, 11 fountains, 11 towers and 11 steps.

### **Day 7: Solothurn – Aarau, approx. 60 km**

The river landscape of the now large Aare dominates the landscape. Villages, meadows and an impressive castle lie on your way to Aarau, which is still influenced by the 16th century and was once the capital of the Helvetic Republic. Walk with your head held high through the town, also called the town of beautiful gables, and marvel at the painted soffits.

### **Day 8: Aarau – Waldshut-Tiengen, approx. 45 / 50 km**

Cycle along the Aare to Brugg, where you should visit Habsburg Castle. The castle is the ancestral seat of the dynasty of the same name, which once ruled a world empire. Via the „moated castle“, through which almost half of Switzerland's water flows, you reach Koblenz at the mouth of the Aare into the Rhine and cycle the last stretch to Waldshut-Tiengen.

### **Day 9: Waldshut-Tiengen – Schaffhausen, approx. 60 / 65 km**

You cycle upstream along the Rhine, past Rheinau Monastery, which is picturesquely situated on a river island. The closer you get to the Rhine the louder you will hear its roar. Let a boat take you to the Rhine Falls Rock, from where you can literally feel the thundering waters all around you.

### **Day 10: Schaffhausen – Constance, approx. 50 km**

In the morning, take another stroll through the old town of the cantonal capital, which is overlooked by the Munot fortress and whose citizens competed in building bay windows, before cycling upstream to Stein am Rhein, where the town hall square amid frescoed houses invites you to take a short break. Now you follow the southern shore of Lake Constance through pretty fishing villages to Constance. In the Middle Ages, the old bishop's town was the scene of the only council north of the Alps.

### **Day 11: Individual departure**

After breakfast you start your individual return journey home or extend your stay.