



INSIDER TIP

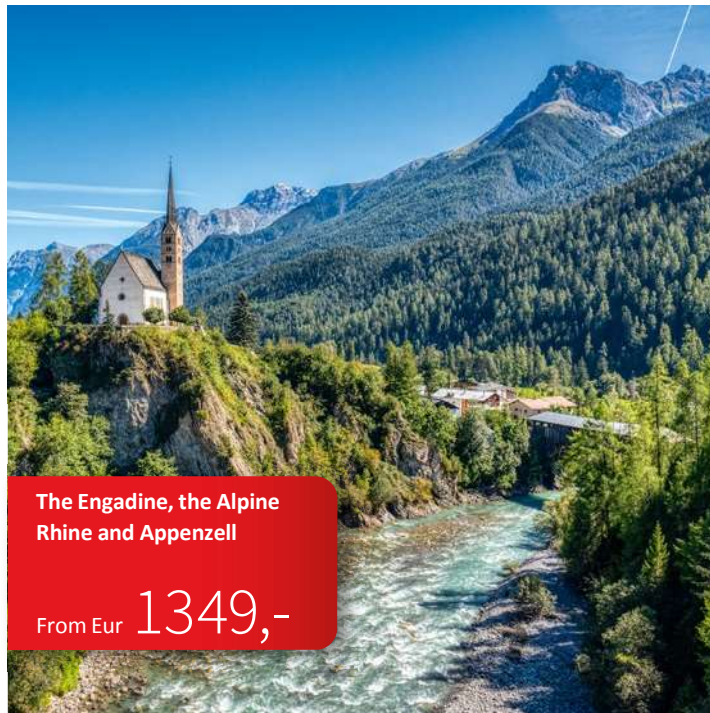
Bike tour in Eastern Switzerland

8 DAYS / 7 NIGHTS, APPROX. 285 KM

BOOKING CODE: CH-GR7

DAILY ROUTE LENGTH ●●●●●

TOPOGRAPHY ●●●●●



The Engadine, the Alpine
Rhine and Appenzell

From Eur **1349,-**



Your tour

You cycle through idyllic mountain villages and lively St. Moritz, marvel at high mountain peaks and enjoy the tranquillity of the Engadine at over 1600 m above sea level. Your route is surprisingly relaxed despite the differences in altitude: a transfer takes you up to Splügen, and you „climb“ to St. Moritz in a relaxed manner on the Rhaetian Railway, the UNESCO-protected Albula line. Finally, a detour to picture-book Switzerland, the Appenzeller Land, is not to be missed.

Itinerary

Day 1	Individual arrival in Constance
Day 2	Konstanz – Splügen – Bonaduz, approx. 45 km + Transfer
Day 3	Bonaduz – Zernez, approx. 50 km + train ride
Day 4	Zernez – Scuol, approx. 30 km
Day 5	Scuol – Vaduz, approx. 60 km + train ride
Day 6	Vaduz – St. Gallen, approx. 60 km + train ride
Day 7	St. Gallen – Constance, approx. 45 km
Day 8	Individual departure

Travel time

Season A	26.04.	03.05.	27.09.
Season B	17.05.	06.09. – 20.09.	
Season C	10.05.	31.05. – 28.06.	16.08. – 30.08.
Season D	24.05.	05.07. – 09.08.	

Arrival Sunday 26.04. – 27.09.2026
The season is dictated by the arrival date.

Services

- 7 nights with breakfast, national 3*-level
- Train ride Altstätten – Gais incl. bike
- Train ride Thusis – St. Moritz incl. bike
- Train ride Scuol – Klosters Platz incl. bike
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)
- Transfer Constance – Splügen incl. bike

Not included services

- Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	1349,-
Doubleroom, Season B	1499,-
Doubleroom, Season C	1729,-
Doubleroom, Season D	1839,-
Additional fee single room	379,-

Additional night prices per person

Constance DBL / BB	89,-
Constance SGL / BB	115,-

Additional services per person

E-bike / Pedelec*	289,-
Teenager's bike*	49,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	179,-
Parking (fenced) in Constance	49,-

*including rental bike insurance

Exemplary hotel list

Konstanz	Apartment-Hotel Konstanz	https://www.apartment-hotel-konstanz.de/
Bonaduz	Alte Post Bonaduz	https://altepost.swiss
Zernez	Spöl Zernez	https://www.hotel-spoel.ch
Scuol	Bellaval Scuol	https://www.bellaval-scuol.ch
Vaduz	Giessen Hotel und Coffeehouse Vaduz	https://giessen.li
St. Gallen	Militärkantine St. Gallen	https://www.militaerkantine.ch/de/schlafen
Konstanz	Apartment-Hotel Konstanz	https://www.apartment-hotel-konstanz.de/

Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

Additional night prices per person

Bonaduz DBL / BB	139,-
Bonaduz SGL / BB	179,-
Scuol DBL / BB	139,-
Scuol SGL / BB	179,-
St. Gallen DBL / BB	129,-
St. Gallen SGL / BB	179,-
Vaduz DBL / BB	125,-
Vaduz SGL / BB	165,-
Zernez DBL / BB	109,-
Zernez SGL / BB	149,-

Languages Travel documents

→ German, English, Dutch, French

Additional note

- All bookings are on request.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: www.cycling-holiday.com/rental-bikes

Journey to Konstanz

- Closest airport: Zurich, Stuttgart, Basel, Karlsruhe, Memmingen, Friedrichshafen
- Train station: Constance

Parking in Konstanz

- Fenced parking lot near the Radweg-Reisen office in Constance, must be booked and paid in advance.
- Parking garages (Fischmarkt, Dammgasse, Lago, Altstadt, Benediktinerplatz), costs approx. 25 Euro / day
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents)

Bike handover

- Pick-up at Radweg-Reisen in Konstanz between 9 am and 7 pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return at Radweg-Reisen or guests leave them at the hotel.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

Stages description

Day 1: Individual arrival in Constance

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.

Day 2: Konstanz – Splügen – Bonaduz, approx. 45 km + Transfer

At the beginning of your first bike stage, a transfer will take you up into the mountains to Splügen. Here you get on your bike and comfortably roll downhill, following the river Rhine through the Graubünden region to Bonaduz. On the way you pass by the gorge of Viamala - carved deep into the rock by the river Rhine.

Day 3: Bonaduz – Zernez, approx. 50 km + train ride

Today a long climb awaits you, but don't worry, you will comfortably be sitting inside a train on your way from Thusis to St. Moritz, so that you can admire the beautiful view you will have along the Albula Railway. After arriving, you can enjoy the unique flair of St. Moritz. Get ready for another highlight after leaving the city, your bike trip will lead you through the gorgeous landscape and lovely small villages surrounding St. Moritz. While riding through the Engadin you will pass by old farms and grand patrician houses.

Day 4: Zernez – Scuol, approx. 30 km

As you leave Zernez you will cycle along the Inn, and through the small mountain villages Lavin and Guarda. The villages lie high above the river and carry their names because of the nice view you have from there. While cycling through the small alleyways of reply to the locals greeting you with a friendly "Bun Di". Soon you will reach Scuol, your destination for today's trip.

Day 5: Scuol – Vaduz, approx. 60 km + train ride

Today it's time to leave the Inn and cycle along the Rhine again. After taking the train to Klosters you will comfortably cycle down the hill towards Landquart. Here the cycling path starts following the Rhine again and you will arrive in the small Principality of Liechtenstein having passed through the home of Heidi.

Day 6: Vaduz – St. Gallen, approx. 60 km + train ride

After cycling along the Rhine a little more you'll be brought to Gais, which lies in Appenzell, via cog railway. On your way to St. Gallen you'll be accompanied by beautiful alpine pastures with cows on them. The library of the collegiate church is one of the most important historical libraries in the world. Here, among the 160.000 books in the library, the oldest german book is kept.

Day 7: St. Gallen – Constance, approx. 45 km

Enjoy the downhill stretch to Lake Constance and your arrival near Arbon. Following the banks of the lake almost all the way, you cycle through apple orchards and the small towns of Arbon and Romanshorn back to Constance. This stretch is flat and easy to cycle, unless in a stronger westerly wind. You will frequently pass places where you can go swimming and refresh yourself in the lovely cool waters of the lake.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.