

# The five rivers challenge in Bavaria

6 DAYS / 5 NIGHTS, APPROX. 300 KM  
BOOKING CODE: BY-FFNN5-SP

DAILY ROUTE LENGTH ●●●●●  
TOPOGRAPHY ●●●●●



Along the 5 rivers Vils, Naab, Pegnitz, Altmühl & Danube

From Eur 549,-



## Your tour

Off to Bavaria: to the state of the white-blue flag, of rustic bon vivants and warm hospitality, to the state with an incredible number of breweries, but also an area of great history and Baroque. To a completely „new Bavaria“, far away from all those Bavarian clichés! The unspoiled countryside will impress you with its diversity and contrariness. The five rivers, Vils, Naab, Danube, Altmühl and Pegnitz will accompany you on your tour. Take time to enjoy the lovely old towns, the enchanting little villages and the varied countryside along the way. Experience the raw warmth of the people of the Upper Palatinate, the charm of Middle Franconia and the delicacies of Bavarian cuisine.

## Itinerary

<b>Day 1</b>	Individual arrival in Nuremberg
<b>Day 2</b>	Nürnberg – Berching, approx. 65 km
<b>Day 3</b>	Berching – Regensburg, approx. 95 km
<b>Day 4</b>	Regensburg – Amberg, approx. 70 km
<b>Day 5</b>	Amberg – Nuremberg, approx. 75 km
<b>Day 6</b>	Individual departure

## Travel time

<b>Season A</b>	01.04. – 03.04.	12.04. – 18.04.	04.10. – 11.10.
<b>Season B</b>	04.04. – 11.04.	19.04. – 25.04.	27.09. – 03.10.
<b>Season C</b>	26.04. – 22.05.	07.06. – 03.07.	23.08. – 26.09.
<b>Season D</b>	23.05. – 06.06.	04.07. – 22.08.	

Daily arrival 01.04. – 11.10.2026  
The season is dictated by the arrival date.

## Services

- 5 nights with breakfast, national 3\*-level
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

## Not included services

- Citys or visitors tax, if payable

## Basic price per person

Doubleroom, Season A	549,-
Doubleroom, Season B	699,-
Doubleroom, Season C	849,-
Doubleroom, Season D	929,-
Additional fee single room	199,-

## Additional night prices per person

Nürnberg DBL / BB	69,-
Nürnberg SGL / BB	105,-
Regensburg DBL / BB	65,-
Regensburg SGL / BB	99,-

## Additional services per person

E-bike / Pedelec*	289,-
Rental bike (10-gear)*	99,-
Sporty rental bike (30-gear)*	179,-

\*including rental bike insurance

### Exemplary hotel list

Nürnberg	Prinzregent	<a href="https://www.prinzregent.net">https://www.prinzregent.net</a>
Berching	Post Berching	<a href="https://www.post-berching.de">https://www.post-berching.de</a>
Regensburg	Münchner Hof	<a href="https://muenchner-hof.de/">https://muenchner-hof.de/</a>
Amberg	Vienna House Easy Amberg	<a href="https://www.viennahouse.com/de/easy-amberg">https://www.viennahouse.com/de/easy-amberg</a>
Nürnberg	Prinzregent	<a href="https://www.prinzregent.net">https://www.prinzregent.net</a>

### Child reduction on basic price

Due to the challenging stages, we do not recommend this trip for children.

### Additional night prices per person

Amberg DBL / BB	65,-
Amberg SGL / BB	99,-
Berching DBL / BB	85,-
Berching SGL / BB	119,-

### Languages Travel documents

→ German, English, Dutch, French

### Additional note

- All bookings are on request.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

### Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: [www.cycling-holiday.com/rental-bikes](http://www.cycling-holiday.com/rental-bikes)

### Journey to Nürnberg

- Closest airports: Nuremberg, Munich, Frankfurt (FRA)
- Train station: Nuremberg main station

### Parking in Nürnberg

- Public car parks in the city, approx. 35 EUR / week, it is not possible to reserve.
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents).

### Bike handover

- Arrival: Guests' rental bikes will be available at the arrival hotel. Departure: The guests leave the bikes at the last hotel. If an e-bike has been rented, the battery, charger and key must be returned to the reception.

### Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

### Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

### Stages description

#### Day 1: Individual arrival in Nuremberg

Nuremberg – thousand years of history: The old imperial town, with its mighty castle, famous churches and museums attracts tourists from all over the world. Right in the centre of this metropolis with half a million inhabitants, the town houses, proud churches, the castle and 5 km of walls that circle the town have all been resurrected.

#### Day 2: Nürnberg – Berching, approx. 65 km

Starting in Nuremberg, you head in a south-easterly direction, following the Pegnitz and Ludwig-Danube-Main canal. Here, at the edge of the Franconian Uplands, cycling is easy, with no hills to worry about. From afar, the striking church towers of the old town and the ruins of Wolfstein Castle on the hills to the back of the town welcome you! Via Freystadt, you get to the Main-Danube-Canal, which now

shows you the way. Over quite some distance, you simply roll right next to the canal, downstream. And soon reach today's destination, Berching.

**Day 3: Berching – Regensburg, approx. 95 km**

Today you'll be cycling along different waterways of the Altmühl river, known especially for their unspoiled nature. Via Dietfurt and Riedenburg, you get to Essing, which is home to one of the favourite holiday snaps of the entire Altmühl Valley. The two-storied tower with its 46 meter long wooden bridge. Following a level route, you now pedal past the well-known stalactite cave, Schulerloch, to Kelheim. Passing wooded slopes, you soon reach Regensburg.

**Day 4: Regensburg – Amberg, approx. 70 km**

You leave Regensburg and cycle along the Naab river surrounded by meadows, forests and fields. On both sides of the river, Jura rocks up to 100 metres high tower over the lovely valley. At the castle ruins of

Kallmünz a change of river is finally announced: Here the Vils flows into the Naab. Those who are keen on culture should take a break at the Hammerherrenschloss in Theuern before continuing on to Amberg.

**Day 5: Amberg – Nuremberg, approx. 75 km**

After a level section of the route, today you will encounter more hills. You cross one of the most wooded regions of Germany, „Hersbruck Switzerland“. The town of Hersbruck was the centre of hop growing and trade for hundreds of years, as witnessed still today by the pulleys and gables at the tops of the restored half-timber-framed houses. You leave Hersbruck through the famous water gate, and set off into Pegnitz Valley and its almost entirely unspoiled river countryside. Following lush green avenues and cycling through extensive parkland, you finally arrive in Nuremberg.

**Day 6: Individual departure**

After breakfast you start your individual return journey home or extend your stay.